



**MEET RESULT**

Category : **Sub Junior Boys**  
Event : 276 : 100 M  
State Record : 11:04:00  
National Record : 11:4  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	667	WANG MAYUM MUKARAM	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:12:13
II	665	BOBO SARIF	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:12:28
III	263	VIJAY KRISHNA	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	0:12:40

Category : **Sub Junior Boys**  
Event : 277 : 200 M  
State Record : 23:07:00  
National Record : 23:23  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	665	BOBO SARIF	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:25:25
II	535	ADONE KANNOOKADAN	232 - Chalakudy	23007-CARMEL H S S CHALAKUDY	0:25:73
III	264	AMMAL MANGALAM VINCENT	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	0:26:63

Category : **Sub Junior Boys**  
Event : 278 : 400 M  
State Record : 52:08:00  
National Record : 50:8  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	536	SABARINATH S. NAIR	232 - Chalakudy	23007-CARMEL H S S CHALAKUDY	0:59:21
II	264	AMMAL MANGALAM VINCENT	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	1:0:75
III	476	RAHATH BABU VM	226 - Thrissur West	22075-ST. JOHN'S H. S. PARAPPUR	1:1:6



**MEET RESULT**

Category : **Sub Junior Boys**  
Event : 279 : 600 M  
State Record : 00:00:00  
National Record : 1:23:54  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	536	SABARINATH S. NAIR	232 - Chalakudy	23007-CARMEL H S S CHALAKUDY	1:37:14
II	664	MD ABSAR	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1:42:13
III	476	RAHATH BABU VM	226 - Thrissur West	22075-ST. JOHN'S H. S. PARAPPUR	1:43:7

Category : **Sub Junior Boys**  
Event : 280 : 80 MH (0.762m)  
State Record : 00:11:00  
National Record : 10:73  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	667	WANG MAYUM MUKARAM	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:11:31
II	778	MUHSIN K.M	234 - Kodungallur	23014-G K V H S S ERIYAD	0:13:79
III	176	EVIN P FRANCIS	222 - Cherpu	22066-Deepthi H. S. Thalore	0:13:88

Category : **Sub Junior Boys**  
Event : 281 : LONG JUMP  
State Record : 6.47  
National Record : 6.6  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	667	WANG MAYUM MUKARAM	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	6 : 4
II	665	BOBO SARIF	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	5 : 25
III	1495	ANANDU.M.B	245 - Valappad	24551-G.U. P. S Peringanam	4 : 92

Category : **Sub Junior Boys**



**MEET RESULT**

Event : 282 : HIGH JUMP  
State Record : 1.76  
National Record : 1.88  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	263	VIJAY KRISHNA	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	1 : 60
II	663	MD.ZAHIR KHAN	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1 : 45
III	171	SREEHARI M S	222 - Cherpu	22066-Deepthi H. S. Thalore	1 : 40

Category : **Sub Junior Boys**  
Event : 283 : SHOTPUT (4KG)  
State Record : 13.19  
National Record : 16.31  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	827	ATHEENDRA DAS E M	234 - Kodungallur	23068-H S S PANANGAD	10 : 17
II	1084	SANKAR MANOJ K	242 - Chavakkad	24072-Sree Krishna H. S. S Guruvayur	10 : 0
III	664	MD ABSAR	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	9 : 91

Category : **Sub Junior Boys**  
Event : 284 : DISCUS THROW (1 KG)  
State Record : 41.54  
National Record : 56.35  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	666	WANGMAYUM FARID	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	33 : 91
II	664	MD ABSAR	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	30 : 40
III	957	SALVIN VARGHESE	235 - Mala	23046-ST. ANTONY'S H S S MALA	27 : 4

Category : **Sub Junior Boys**  
Event : 285 : 4 X 100 M RELAY



**MEET RESULT**

State Record :  
National Record : 44:4  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
I	664-MD ABSAR	N H S S Irinjalakuda	233 - Irinjalakuda [E]	0:49:97
	665-BOBO SARIF	N H S S Irinjalakuda		
	666-WANGMAYUM FARID	N H S S Irinjalakuda		
	667-WANG MAYUM MUKARAM	N H S S Irinjalakuda		
	709-ANSEL BABU .U	L B S M H S S Avittathur		
	735-ADHITHYAN M J	S K H S S Anandapuram		
II	254-AIWIN CHARLEY K.C	Poomala H. S. Poomala	224 - Thrissur East [B]	0:51:9
	255-SANOOP T S	Poomala H. S. Poomala		
	263-VIJAY KRISHNA	Chaldean Syrian H. S. S. Thrissur		
	264-AMMAL MANGALAM VINCENT	Chaldean Syrian H. S. S. Thrissur		
	308-SHARON S KOLENGADEN	St Thomas College H. S. S. Thrissur		
	320-HARIKRISHNAN P S	St Thomas H. S. S. Thope		
III	133-GODWIN DAVIS	St. Xavier` S H. S. Chevoor	222 - Cherpu [A]	0:51:93
	162-KRISHNADEV P K	St. Antony's H.s.s Pazhuvil		
	170-SHARON JOSHY	Deepthi H. S. Thalore		
	172-PRADEEP KRISHNA K P	Deepthi H. S. Thalore		
	231-ADHITHYAN K.S.	A. P. H. S. Alagappanagar		
	244-JANSHO SHONY M.S	St. Teresita` S U. P. S. Thalore		

Category : **Sub Junior Girls**  
Event : 286 : 100 M  
State Record : 12:07:00  
National Record : 12:08  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1659	JANICE TREESA REGI	226 - Thrissur West	22041-V. G. H. S. S. THRISSUR	0:13:87
II	323	ARYANANDA K S	224 - Thrissur East	22052-S. H. C. G. H. S. S. Thrissur	0:14:15
III	1501	LAYA PAUL	245 - Valappad	24579-St. Francis Xavier's R.C.U.P School Vatanappally	0:14:34



**MEET RESULT**

Category : **Sub Junior Girls**  
Event : 287 : 200 M  
State Record : 26:03:00  
National Record : 25:15  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	323	ARYANANDA K S	224 - Thrissur East	22052-S. H. C. G. H. S. S. Thrissur	0:29:6
II	643	ANU M	232 - Chalakudy	23083-M R S CHALAKUDY	0:29:58
III	1499	ANJALI E.S	245 - Valappad	24565-K. M. U. P. S Nattika West	0:30:40

Category : **Sub Junior Girls**  
Event : 288 : 400 M  
State Record : 59:08:00  
National Record : 57:04  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1150	ABIRAMI V.J	243 - Kunnamkulam	24009-Govt. H. S. S Erumapetty	1:5:81
II	643	ANU M	232 - Chalakudy	23083-M R S CHALAKUDY	1:7:13
III	1499	ANJALI E.S	245 - Valappad	24565-K. M. U. P. S Nattika West	1:7:19

Category : **Sub Junior Girls**  
Event : 289 : 600 M  
State Record : 01:38:06  
National Record : 1:36:69  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1150	ABIRAMI V.J	243 - Kunnamkulam	24009-Govt. H. S. S Erumapetty	1:54:66
II	643	ANU M	232 - Chalakudy	23083-M R S CHALAKUDY	1:54:78
III	1499	ANJALI E.S	245 - Valappad	24565-K. M. U. P. S Nattika West	1:57:56

Category : **Sub Junior Girls**



**MEET RESULT**

Event : 290 : 80 MH (0.762m)  
State Record : 12:57:00  
National Record : 12:35  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1486	FATHIMA THANHA P F	245 - Valappad	24065-St. Anne's Girls H. S Edathuruthy	0:16:16
II	434	KRISHNAPRIYA K .D	226 - Thrissur West	22021-H. S. ARIMPUR	0:17:9
III	265	AMBILI K A	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	0:17:11

Category : **Sub Junior Girls**  
Event : 291 : LONG JUMP  
State Record : 5.28  
National Record : 5.49  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1659	JANICE TREESA REGI	226 - Thrissur West	22041-V. G. H. S. S. THRISSUR	4 : 76
II	1235	JISHNA V.U	243 - Kunnamkulam	24083-Concord English School Pannithadam	4 : 53
III	644	AMRITHA BABU	232 - Chalakudy	23083-M R S CHALAKUDY	4 : 37

Category : **Sub Junior Girls**  
Event : 292 : HIGH JUMP  
State Record : 1.56  
National Record : 1.59  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1237	MITHRA K.B	243 - Kunnamkulam	24083-Concord English School Pannithadam	1 : 28
II	434	KRISHNAPRIYA K .D	226 - Thrissur West	22021-H. S. ARIMPUR	1 : 27
III	775	FARZANA V A	234 - Kodungallur	23013-G G H S S KODUNGALLUR	1 : 26

Category : **Sub Junior Girls**



**MEET RESULT**

Event : 293 : SHOTPUT (3 KG)  
State Record : 10.14  
National Record : 10.07  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1659	JANICE TREESA REGI	226 - Thrissur West	22041-V. G. H. S. S. THRISSUR	8 : 25
II	1236	SUHAIMA NILOFAR.M.A	243 - Kunnankulam	24083-Concord English School Pannithadam	7 : 20
III	340	ADHITHYA SHAJI	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	7 : 6

Category : **Sub Junior Girls**  
Event : 294 : DISCUS THROW (1 KG)  
State Record : 28.19  
National Record : 33.65  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1236	SUHAIMA NILOFAR.M.A	243 - Kunnankulam	24083-Concord English School Pannithadam	20 : 87
II	786	ANNA ANGEL SHAJI	234 - Kodungallur	23015-ST. ANNE'S H S KOTTAPURAM	17 : 18
III	774	NAHLA K N	234 - Kodungallur	23013-G G H S S KODUNGALLUR	16 : 32

Category : **Sub Junior Girls**  
Event : 295 : 4 X 100 M RELAY  
State Record : 00:00:00  
National Record : 50:32  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
----------	------	--------	----------------------------	-------------



**MEET RESULT**

I	545-NIDHIYA JIJIMON	S H C G H S S Chalakudy	232 - Chalakudy [D]	0:58:16
	567-ATHULYA A. U.	St. Joseph`s H S Meloor		
	605-AISWARYA K L	P C G H S Vellikulangara		
	613-LIYA SHONY	L F C H S S Koratty		
	643-ANU M	M R S Chalakudy		
	644-AMRITHA BABU	M R S Chalakudy		
II	1151-ASWATHY .C.P	Govt. H. S. S Erumapetty	243 - Kunnamkulam [I]	0:58:50
	1190-ARYANANDHA V U	B. C. G. H. S Kunnamkulam		
	1235-JISHNA V.U	Concord English School Pannithadam		
	1237-MITHRA K.B	Concord English School Pannithadam		
	1267-VAIGA K D	Assisi English Medium School Thalakottukara		
	1268-NANDHA V N	Assisi English Medium School Thalakottukara		
III	929-BIJI V B	St. Antony`s G H S S. Thanissery	235 - Mala [G]	0:58:57
	987-JASNA JOSEPH	N S H S S Valoor		
	989-ANASWARA K R	N S H S S Valoor		
	990-SERIN MARIA NALSON	N S H S S Valoor		
	1018-RIYA M.B	S C G H S S Kottakkal Mala		
	1019-SONIYA E.J	S C G H S S Kottakkal Mala		

Category : **Junior Boys**  
 Event : 296 : 100 M  
 State Record : 10:09:00  
 National Record : 10:8  
 Venue : CARMEL HSS CHALAKUDY  
 Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	675	WARISH BOGIMAYUM	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:11:38
II	600	DHANUSH P SUNIL	232 - Chalakudy	23038-S K H S MATTATHUR	0:11:46
III	906	EDWIN BENNY	235 - Mala	23001-R M Higher Secondary School Aloor	0:11:47

Category : **Junior Boys**  
 Event : 297 : 200 M  
 State Record : 22:04:00  
 National Record : 21:99  
 Venue : CHRIST COLLEGE, IRINJALAKUDA  
 Date : 2019-11-11 05:30:00





**MEET RESULT**

Position	Chest No:	Name	SubDistrict	School	Performance
I	1650	MANMOHAN V	224 - Thrissur East	138-SAI Trissur	0:23:16
II	600	DHANUSH P SUNIL	232 - Chalakudy	23038-S K H S MATTATHUR	0:23:22
III	906	EDWIN BENNY	235 - Mala	23001-R M Higher Secondary School Aloor	0:23:28

Category : **Junior Boys**  
Event : 298 : 400 M  
State Record : 49:05:00  
National Record : 48:47  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1651	ABHAY KRISHNA	224 - Thrissur East	138-SAI Trissur	0:52:28
II	391	KRISHNANKITH K R	226 - Thrissur West	22010-H. S. ANTHIKAD	0:52:91
III	863	MUHAMMED ARAFAD P A	234 - Kodungallur	23070-ST. JOSEPH'S H S MATHILAKAM	0:53:1

Category : **Junior Boys**  
Event : 299 : 800 M  
State Record : 01:57:51  
National Record : 1:55:00  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	670	YUMNAM ARJIT MEITEI	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	2:4:15
II	1651	ABHAY KRISHNA	224 - Thrissur East	138-SAI Trissur	2:4:70
III	671	SANDEEP KUMAR YADAV	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	2:11:13

Category : **Junior Boys**  
Event : 300 : 1500 M  
State Record : 04:10:00  
National Record : 4:03:04  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	670	YUMNAM ARJIT MEITEI	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	4:25:63



**MEET RESULT**

II	673	MD.JAHID KHAN.	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	4:29:69
III	1653	AKHIL K	224 - Thrissur East	138-SAI Trissur	4:34:75

Category : **Junior Boys**  
Event : 301 : 3000 M  
State Record : 08:58:05  
National Record : 8:40:54  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	670	YUMNAM ARJIT MEITEI	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	9:55:13
II	673	MD.JAHID KHAN.	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	9:57:16
III	1653	AKHIL K	224 - Thrissur East	138-SAI Trissur	10:14:9

Category : **Junior Boys**  
Event : 302 : 110 MH (0.914m)  
State Record : 14:07:00  
National Record : 13:00  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	860	RISHIKESH P A	234 - Kodungallur	23070-ST. JOSEPH'S H S MATHILAKAM	0:15:52
II	358	AKSHAY K SAJEEV	224 - Thrissur East	22056-G. M. B. H. S. S. Thrissur	0:16:38
III	1649	MUHAMMAD SINAN	224 - Thrissur East	138-SAI Trissur	0:16:51

Category : **Junior Boys**  
Event : 303 : LONG JUMP  
State Record : 6.84  
National Record : 7.16  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	267	AKSHAY K P	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	6 : 19
II	669	THANGJAM ALERTSON SINGH	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	6 : 17



**MEET RESULT**

III	1467	MOHAMMED JAFAR	245 - Valappad	24062-Govt. Mappila H. S. S Chamakala	5 : 95
-----	------	----------------	----------------	--	--------

Category : **Junior Boys**  
Event : 304 : HIGH JUMP  
State Record : 1.9  
National Record : 2  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1158	AJMAL T S	243 - Kunnankulam	24009-Govt. H. S. S Erumapetty	1 : 76
II	672	SEBASTIAN V S	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1 : 73
III	469	JUAN REGI A	226 - Thrissur West	22034-C. M. S. H. S. S. THRISSUR	1 : 65

Category : **Junior Boys**  
Event : 305 : TRIPLE JUMP  
State Record : 14.02  
National Record : 14.89  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	672	SEBASTIAN V S	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	13 : 67
II	267	AKSHAY K P	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	12 : 96
III	637	VIVEK.P.S	232 - Chalakudy	23074-G H S S CHAIPANKUZHAY	11 : 91

Category : **Junior Boys**  
Event : 306 : POLE VAULT  
State Record : 3.81  
National Record : 4.2  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1116	SHABAB	242 - Chavakkad	24076-S. S. M.V .H S. S Edakkazhiyur	2 : 70
II	1093	ABDUL SHUKKOOR K A	242 - Chavakkad	24072-Sree Krishna H. S. S Guruvayur	2 : 50



**MEET RESULT**

III	861	NAVEEN P S	234 - Kodungallur	23070-ST. JOSEPH'S H S MATHILAKAM	2 : 30
III	569	ELJO K.GEORGE	232 - Chalakudy	23011-ST. JOSEPH'S H S MELOOR	2 : 30

Category : **Junior Boys**  
Event : 307 : SHOTPUT (5 KG)  
State Record : 13.44  
National Record : 17.42  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	962	ANNJOSE K THOMAS	235 - Mala	23046-ST. ANTONY'S H S S MALA	11 : 62
II	1238	MOHAMMED SHAHNOON.P.A	243 - Kunnamkulam	24083-Concord English School Pannithadam	11 : 53
III	694	ALEX B KAVUNDEN	233 - Irinjalakuda	23025-S N H S S IRINJALAKUDA	11 : 48

Category : **Junior Boys**  
Event : 308 : DISCUS THROW 1.5(KG)  
State Record : 47.13  
National Record : 55.27  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1244	ADITHYAN V T	243 - Kunnamkulam	24083-Concord English School Pannithadam	31 : 97
II	677	ADTHWAITH P N	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	29 : 54
III	1238	MOHAMMED SHAHNOON.P.A	243 - Kunnamkulam	24083-Concord English School Pannithadam	29 : 54

Category : **Junior Boys**  
Event : 309 : JAVELIN THROW (700 GMS)  
State Record : 56.22  
National Record : 67.44  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
----------	-----------	------	-------------	--------	-------------



**MEET RESULT**

I	677	ADTHWAITH P N	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	38 : 40
II	572	ALOGLAL .K.M	232 - Chalakudy	23011-ST. JOSEPH'S H S MELOOR	35 : 66
III	601	ABHAY M M	232 - Chalakudy	23039-G H S S CHEMBUCHIRA	35 : 62

Category : **Junior Boys**  
Event : 310 : HAMMER THROW(5 KG)  
State Record : 49.14  
National Record : 66.7  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1246	FARDHIN V M	243 - Kunnamkulam	24083-Concord English School Pannithadam	32 : 97
II	1244	ADITHYAN V T	243 - Kunnamkulam	24083-Concord English School Pannithadam	28 : 36
III	920	SOORYADEV M S	235 - Mala	23002-ST. JOSEPH'S E M H S S ALOOR	25 : 14

Category : **Junior Boys**  
Event : 311 : 5 KM WALK(On Road)  
State Record : 23:19:06  
National Record : 22:57:40  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1287	LUKOSE V V	244 - Mullassery	24039-St. Joseph`s H. S. S Pavaratty	30:40:80
II	1133	SYAMLAL P G	242 - Chavakkad	24080-Govt. H. S Kadikkad	31:13:68
III	1293	DEVADHAN K D	244 - Mullassery	24039-St. Joseph`s H. S. S Pavaratty	31:45:53

Category : **Junior Boys**  
Event : 312 : 4 X 100 M RELAY  
State Record : 00:00:44  
National Record : 42:8  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00



**MEET RESULT**

Position	Name	School	SubDistrict & Relay Letter	Performance
I	669-THANGJAM ALERTSON SINGH	N H S S Irinjalakuda	233 - Irinjalakuda [E]	0:46:3
	674-MUKHTAR HASSAN	N H S S Irinjalakuda		
	675-WARISH BOGIMAYUM	N H S S Irinjalakuda		
	676-VISHNU E S	N H S S Irinjalakuda		
	710-ROHITH T R	L B S M H S S Avittathur		
	732-VISHNUDAS K R	G M H S S Nadavaramba		
II	538-JITHIN PAUL	Carmel H S S Chalakudy	232 - Chalakudy [D]	0:47:51
	539-NAVANEETH SHAJI	Carmel H S S Chalakudy		
	570-ALFIN BABU	St. Joseph`s H S Meloor		
	571-MANIKANDAN K.M	St. Joseph`s H S Meloor		
	573-ANDREWS NELSON	St. Joseph`s H S Meloor		
	600-DHANUSH P SUNIL	S K H S Mattathur		

Category : **Junior Girls**  
 Event : 313 : 100 M  
 State Record : 12:01:00  
 National Record : 12:12  
 Venue : CARMEL HSS CHALAKUDY  
 Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	329	SREELAKSHMY K	224 - Thrissur East	22052-S. H. C. G. H. S. S. Thrissur	0:13:0
II	378	MARIYA K J	224 - Thrissur East	22083-G. H. S. S. Villadam	0:13:18
III	976	SANIYA V V	235 - Mala	23057-A K M H S POYYA	0:13:38

Category : **Junior Girls**  
 Event : 314 : 200 M  
 State Record : 25:03:00  
 National Record : 25  
 Venue : CHRIST COLLEGE, IRINJALAKUDA  
 Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	329	SREELAKSHMY K	224 - Thrissur East	22052-S. H. C. G. H. S. S. Thrissur	0:26:79
II	976	SANIYA V V	235 - Mala	23057-A K M H S POYYA	0:27:32
III	1442	AIN ROSE V L	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	0:27:50



**MEET RESULT**

Category : **Junior Girls**  
Event : 315 : 400 M  
State Record : 56:41:00  
National Record : 55:61  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	976	SANIYA V V	235 - Mala	23057-A K M H S POYYA	1:3:25
II	303	LINA MARIYA	224 - Thrissur East	22049-St Clare`s C. G. H. S. S Thrissur	1:7:19
III	1442	AIN ROSE V L	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	1:7:25

Category : **Junior Girls**  
Event : 316 : 800 M  
State Record : 02:15:05  
National Record : 2:12:01  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1445	VISMAYA.K.R	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	2:43:29
II	224	LAYA V R	222 - Cherpu	22069-St. Joseph`s H. S. Velupadam	2:47:11
III	648	NAVYA DHIVAKARAN	232 - Chalakudy	23083-M R S CHALAKUDY	2:47:47

Category : **Junior Girls**  
Event : 317 : 1500 M  
State Record : 04:44:04  
National Record : 4:41:09  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1445	VISMAYA.K.R	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	5:34:11
II	997	KRISHNAPRIYA E S	235 - Mala	23064-N S H S S VALOOR	5:39:54
III	737	ANN MARIYA	233 - Irinjalakuda	23053-S K H S S ANANDAPURAM	5:49:78



**MEET RESULT**

Category : **Junior Girls**  
Event : 318 : 3000 M  
State Record : 10:05:08  
National Record : 10:00:03  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1445	VISMAYA.K.R	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	12:49:81
II	1446	ASWATHI K P	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	12:50:28
III	907	ARUNDHATHY K A	235 - Mala	23001-R M Higher Secondary School Aloor	13:10:22

Category : **Junior Girls**  
Event : 319 : 100 MH (0.762m)  
State Record : 15:02:00  
National Record : 14:09  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	678	CHINCHUMOL MATHEW	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:16:22
II	1444	SIVAPRIYA E S	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	0:16:59
III	297	JINEESHA JIPSON	224 - Thrissur East	22048-ST. Augustine H. S. S. Kuttanellur	0:19:34

Category : **Junior Girls**  
Event : 320 : LONG JUMP  
State Record : 5.5  
National Record : 5.88  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1444	SIVAPRIYA E S	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	5 : 9
II	378	MARIYA K J	224 - Thrissur East	22083-G. H. S. S. Villadam	4 : 89





**MEET RESULT**

III	624	JOVITA JOJU	232 - Chalakudy	23055-ST. GEORGE' S H S PARIYARAM	4 : 56
-----	-----	-------------	-----------------	--------------------------------------	--------

Category : **Junior Girls**  
Event : 321 : HIGH JUMP  
State Record : 1.63  
National Record : 1.65  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	624	JOVITA JOJU	232 - Chalakudy	23055-ST. GEORGE' S H S PARIYARAM	1 : 38
II	703	ANGEL SARA J KALLOOR	233 - Irinjalakuda	23027-L F C H S IRINJALAKUDA	1 : 35
III	1446	ASWATHI K P	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	130 : 0

Category : **Junior Girls**  
Event : 322 : TRIPLE JUMP  
State Record : 11.73  
National Record : 12.36  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	678	CHINCHUMOL MATHEW	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	11 : 33
II	1444	SIVAPRIYA E S	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	10 : 71
III	939	DAYA SHAJI	235 - Mala	23045-ST. MARY' S G H S S KUZHIKATTUSSERY	9 : 89

Category : **Junior Girls**  
Event : 323 : POLE VAULT  
State Record : 2.7  
National Record : 2.9  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1446	ASWATHI K P	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	2 : 10



**MEET RESULT**

II	379	VARSHA P V	224 - Thrissur East	22083-G. H. S. S. Villadam	2 : 0
III	342	KRISHNA PRIYA A.S	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	1 : 90

Category : **Junior Girls**  
Event : 324 : SHOTPUT (3 KG)  
State Record : 11.57  
National Record : 12.18  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	678	CHINCHUMOL MATHEW	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	9 : 49
II	697	HARSHITHA A S	233 - Irinjalakuda	23026-G G V H S S IRINJALAKUDA	8 : 65
III	647	DIVYAJOSE .J	232 - Chalakudy	23083-M R S CHALAKUDY	8 : 48

Category : **Junior Girls**  
Event : 325 : DISCUS THROW (1 KG)  
State Record : 35.17  
National Record : 41.58  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	647	DIVYAJOSE .J	232 - Chalakudy	23083-M R S CHALAKUDY	23 : 0
II	1159	DINEKHA T .G	243 - Kunnamkulam	24009-Govt. H. S. S Erumapetty	22 : 83
III	1463	AMRUTHA	245 - Valappad	24061-V. P. M. S. N. D. P. H. S. S Kazhimpram	20 : 61

Category : **Junior Girls**  
Event : 326 : JAVELIN THROW(500 GMS)  
State Record : 41.42  
National Record : 40.84  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	646	SREEDEVI C	232 - Chalakudy	23083-M R S CHALAKUDY	19 : 90



**MEET RESULT**

II	1462	ARUNIMA NJ	245 - Valappad	24061-V. P. M. S. N. D. P. H. S. S Kazhimpram	18 : 54
III	927	ANGEL ROSE BENSON	235 - Mala	23002-ST. JOSEPH`S E M H S S ALOOR	17 : 62

Category : **Junior Girls**  
Event : 327 : 3 KM WALK (On Road)  
State Record : 14:17:56  
National Record : 14:24:04  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	745	ANROSE ANTO	233 - Irinjalakuda	23058-ST. ANTONY`S H S S PUDUKKAD	19:58:41
II	801	SANIYA XAVIER	234 - Kodungallur	23015-ST. ANNE`S H S KOTTAPURAM	20:7:54
III	738	ANURANJANA N S	233 - Irinjalakuda	23053-S K H S S ANANDAPURAM	20:52:80

Category : **Junior Girls**  
Event : 328 : 4 X 100 M RELAY  
State Record : 49:03:00  
National Record : 47:08  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
I	1441-ARYA P S	Govt. Fisheries H. S. S Nattika	245 - Valappad [K]	0:53:82
	1442-AIN ROSE V L	Govt. Fisheries H. S. S Nattika		
	1444-SIVAPRIYA E S	Govt. Fisheries H. S. S Nattika		
	1445-VISMAYA.K.R	Govt. Fisheries H. S. S Nattika		
	1446-ASWATHI K P	Govt. Fisheries H. S. S Nattika		
	1488-DEVIKRISHNA P.S	St. Anne`s Girls H. S Edathuruthy		
II	274-SANA NAZEER	Chaldean Syrian H. S. S. Thrissur	224 - Thrissur East [B]	0:54:4
	288-NANDANA T. R	Donbosco Hss Mannuthy		
	303-LINA MARIYA	St Clare`s C. G. H. S. S Thrissur		
	329-SREELAKSHMY K	S. H. C. G. H. S. S. Thrissur		
	374-ANCY M O	St Paul's C E H S S Kuriachira		
	378-MARIYA K J	G. H. S. S. Villadam		



**MEET RESULT**

III	924-ANNA FRANCIS	St. Joseph`s E M H S S Aloor	235 - Mala [G]	0:54:50
	925-JESLIN JOSEPH	St. Joseph`s E M H S S Aloor		
	931-NIRANJANA K J	St. Antony`s G H S S. Thanissery		
	939-DAYA SHAJI	St. Mary`s G H S S Kuzhikattussery		
	943-JERIYA JOSEN	St. Mary`s G H S S Kuzhikattussery		
	976-SANIYA V V	A K M H S Poyya		

Category : **Senior Boys**  
Event : 329 : 100 M  
State Record : 10:09:00  
National Record : 10:7  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1254	MOHAMMED SAJEEN V M	243 - Kunnamkulam	24083-Concord English School Pannithadam	0:11:25
II	685	ARSHAD . M .N	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:11:30
III	317	STEEVE C T	224 - Thrissur East	22050-St Thomas College H. S. S. Thrissur	0:11:40

Category : **Senior Boys**  
Event : 330 : 200 M  
State Record : 22:01:00  
National Record : 21:3  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1254	MOHAMMED SAJEEN V M	243 - Kunnamkulam	24083-Concord English School Pannithadam	0:22:75
II	687	RINTO V ANTO	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:23:47
III	226	AMAL.E.B	222 - Cherpu	22069-St. Joseph`s H. S. Velupadam	0:23:87

Category : **Senior Boys**  
Event : 331 : 400 M  
State Record : 48:23:00  
National Record : 47:9  
Venue : CARMEL HSS CHALAKUDY



**MEET RESULT**

Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1657	SHIBIN ANTO	224 - Thrissur East	138-SAI Trissur	0:52:84
II	625	JOSHWAL JOJO	232 - Chalakudy	23055-ST. GEORGE'S H S PARIYARAM	0:53:67
III	684	SREEHARI H MOHAN	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:54:9

Category : **Senior Boys**  
Event : 332 : 800 M  
State Record : 01:54:06  
National Record : 1:52:9  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1657	SHIBIN ANTO	224 - Thrissur East	138-SAI Trissur	2:4:85
II	444	MELWIN DENNY	226 - Thrissur West	22021-H. S. ARIMPUR	2:6:65
III	686	MOHAMMED SHABEER P U	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	2:10:28

Category : **Senior Boys**  
Event : 333 : 1500 M  
State Record : 04:03:09  
National Record : 3:56:1  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1657	SHIBIN ANTO	224 - Thrissur East	138-SAI Trissur	4:31:76
II	1655	DARWIN SAJI	224 - Thrissur East	138-SAI Trissur	4:32:16
III	686	MOHAMMED SHABEER P U	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	4:36:34

Category : **Senior Boys**  
Event : 334 : 3000 M  
State Record : 15:16:01  
National Record : 14:51:97  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1655	DARWIN SAJI	224 - Thrissur East	138-SAI Trissur	9:47:58



**MEET RESULT**

II	686	MOHAMMED SHABEER P U	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	9:49:94
III	1617	EMIL ELIAS	246 - Wadakancheri	24035-Govt. H. S. S Machad	10:37:69

Category : **Senior Boys**  
Event : 335 : 110 MH(0.914m)  
State Record : 15:02:00  
National Record : 14:80  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1656	STEBIN BOBY	224 - Thrissur East	138-SAI Trissur	0:15:13
II	684	SREEHARI H MOHAN	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:15:62
III	687	RINTO V ANTO	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:15:75

Category : **Senior Boys**  
Event : 336 : 400 MH(0.838m)  
State Record : 00:00:00  
National Record : 52:35  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1658	ABIN JOJO	224 - Thrissur East	138-SAI Trissur	0:58:30
II	684	SREEHARI H MOHAN	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1:0:1
III	1109	MOHAMED ABDULLA T A	242 - Chavakkad	24072-Sree Krishna H. S. S Guruvayur	1:1:72

Category : **Senior Boys**  
Event : 337 : LONG JUMP  
State Record : 0  
National Record : 7.52  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	226	AMAL.E.B	222 - Cherpu	22069-St. Joseph's H. S. Velupadam	6 : 52
II	1254	MOHAMMED SAJEEN V M	243 - Kunnamkulam	24083-Concord English School Pannithadam	6 : 44



**MEET RESULT**

III	685	ARSHAD . M .N	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	6 : 43
-----	-----	---------------	--------------------	-------------------------------	--------

Category : **Senior Boys**  
Event : 338 : HIGH JUMP  
State Record : 0  
National Record : 2.04  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	682	GILBERT JOSE	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1 : 89
II	1109	MOHAMED ABDULLA T A	242 - Chavakkad	24072-Sree Krishna H. S. S Guruvayur	1 : 86
III	685	ARSHAD . M .N	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1 : 80

Category : **Senior Boys**  
Event : 339 : TRIPLE JUMP  
State Record : 14.91  
National Record : 15.5  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1103	JISHNU V K	242 - Chavakkad	24072-Sree Krishna H. S. S Guruvayur	13 : 40
II	682	GILBERT JOSE	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	12 : 80
III	893	ADARSH E J	234 - Kodungallur	23081-MARMGVHSS SANTHIPURAM	12 : 61

Category : **Senior Boys**  
Event : 340 : POLE VAULT  
State Record : 0  
National Record : 4.41  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
II	908	NIBIN SHAJU	235 - Mala	23001-R M Higher Secondary School Aloor	3 : 10
I	1046	ADITHYAN E A	242 - Chavakkad	24044-GOVT H S S CHAVAKKAD THRISSUR	3 : 10



**MEET RESULT**

III	711	ADARSH V U	233 - Irinjalakuda	23028-L B S M H S S AVITTATHUR	3 : 0
-----	-----	------------	--------------------	-----------------------------------	-------

Category : **Senior Boys**  
Event : 341 : SHOTPUT (5 KG)  
State Record : 0  
National Record : 16.72  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	873	ASHWIN K S	234 - Kodungallur	23070-ST. JOSEPH'S H S MATHILAKAM	13 : 35
II	983	ALFIN TITUS	235 - Mala	23062-G V H S S PUTHENCHIRA	11 : 26
III	1185	MUHAMMED MUSTHAFA MAHADIR C S	243 - Kunnankulam	24013-Bethany St. John's E. M. H. S Kunnankulam	11 : 26

Category : **Senior Boys**  
Event : 342 : DISCUS THROW (1.5KG)  
State Record : 38.69  
National Record : 51.42  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	873	ASHWIN K S	234 - Kodungallur	23070-ST. JOSEPH'S H S MATHILAKAM	37 : 85
II	1051	MOHAMMED MUSHTHAQ RAHMAN	242 - Chavakkad	24046-Islamic V. H. S. S Orumanayur	33 : 88
III	806	ALAN VINSON THOMAS	234 - Kodungallur	23015-ST. ANNE'S H S KOTTAPURAM	32 : 63

Category : **Senior Boys**  
Event : 343 : JAVELIN THROW(700 GMS)  
State Record : 62.88  
National Record : 67.4  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1452	KRISHNADAS V H	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	47 : 42
II	1217	HISHAM K S	243 - Kunnankulam	24038-Govt. R. S. R. V. H. S. S Velur	40 : 92





**MEET RESULT**

III	604	VIJAY V G	232 - Chalakudy	23039-G H S S CHEMBUCHIRA	40 : 70
-----	-----	-----------	-----------------	------------------------------	---------

Category : **Senior Boys**  
Event : 344 : HAMMER THROW(5 KG)  
State Record : 44.42  
National Record : 59.29  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1258	MOHAMMED HABEEB K A	243 - Kunnamkulam	24083-Concord English School Pannithadam	33 : 90
II	1399	DILSHAN K D	245 - Valappad	24050-National H. S. S Engandiyur	28 : 63
III	532	ADWAID K V	232 - Chalakudy	23006-G H S VIJAYARAGHAVAPURAM	28 : 9

Category : **Senior Boys**  
Event : 345 : 5 KM WALK(On Road)  
State Record : 21:57:00  
National Record : 21:40:2  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1124	BABU JILANI MOMIN	242 - Chavakkad	24077-I. C. A. E. H. S. S Vadakkekad	28:17:2
II	447	RIJO JUSTIN	226 - Thrissur West	22021-H. S. ARIMPUR	29:3:97
III	683	PRAVEEN P	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	30:18:96

Category : **Senior Boys**  
Event : 346 : 4 X 100 M RELAY  
State Record : 43:02:00  
National Record : 41:8  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
----------	------	--------	-------------------------------	-------------



**MEET RESULT**

I	656-ROHITH RAJEEVAN	G M B H S S Irinjalakuda	233 - Irinjalakuda [E]	0:45:84
	682-GILBERT JOSE	N H S S Irinjalakuda		
	684-SREEHARI H MOHAN	N H S S Irinjalakuda		
	685-ARSHAD . M .N	N H S S Irinjalakuda		
	687-RINTO V ANTO	N H S S Irinjalakuda		
	751-SADHIL ISHAM N M	St. Antony`s H S S Pudukkad		
II	530-YAGIN BIJU	G V H S S Chalakudy	232 - Chalakudy [D]	0:45:89
	579-KIRAN JOHNY	St. Joseph`s H S Meloor		
	586-JESWIN JACOB	St. Joseph`s H S Meloor		
	625-JOSHWAL JOJO	St. George`s H S Pariyaram		
	628-EMMANUVAL PAUL	St. George`s H S Pariyaram		
	642-SENAL KA	G H S S Mupliyam		
III	128-ABINRAJ A	G. V. H. S. S. Cherpu	222 - Cherpu [A]	0:48:0
	131-RAMESH T R	St. Thomas H. S. Vallachira		
	190-MOHAMMED FARAN K N	Deepthi H. S. Thalore		
	199-SANJAY V S	T P H S S Trikkur		
	226-AMAL.E.B	St. Joseph` S H. S. Velupadam		
	234-SANGEETH C S	A. P. H. S. Alagappanagar		

Category : **Senior Boys**  
 Event : 347 : 4 X 400 M RELAY  
 State Record : 03:23:07  
 National Record : 3:15:44  
 Venue : CARMEL HSS CHALAKUDY  
 Date : 2019-11-13 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
I	531-ASLAMSHA K A	G V H S S Chalakudy	232 - Chalakudy [D]	3:41:22
	543-ABHISHEK V NAIR	Carmel H S S Chalakudy		
	581-GODSON JOY	St. Joseph`s H S Meloor		
	582-SEBASTIAN VARGHESE	St. Joseph`s H S Meloor		
	625-JOSHWAL JOJO	St. George`s H S Pariyaram		
	628-EMMANUVAL PAUL	St. George`s H S Pariyaram		
II	681-TINU SIBICHAN	N H S S Irinjalakuda	233 - Irinjalakuda [E]	3:44:51
	684-SREEHARI H MOHAN	N H S S Irinjalakuda		
	685-ARSHAD . M .N	N H S S Irinjalakuda		
	686-MOHAMMED SHABEER P U	N H S S Irinjalakuda		
	687-RINTO V ANTO	N H S S Irinjalakuda		
	749-AMAL JOSE	St. Antony`s H S S Pudukkad		



**MEET RESULT**

III	193-AJITH P B	Deepthi H. S. Thalore	222 - Cherpu [A]	3:51:9
	227-JOSEPH THOMAS	St. Joseph` S H. S. Velupadam		
	228-DEVASURYA JOBISH	St. Joseph` S H. S. Velupadam		
	236-ATHUL MANOJ	A. P. H. S. Alagappanagar		

Category : **Senior Girls**  
Event : 348 : 100 M  
State Record : 00:00:12  
National Record : 11:98  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1453	ANCY SOJAN E	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	0:12:15
II	690	AISWARYA V	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:13:41
III	589	APARNA .K.R	232 - Chalakudy	23011-ST. JOSEPH`S H S MELOOR	0:13:59

Category : **Senior Girls**  
Event : 349 : 200 M  
State Record : 25:01:00  
National Record : 24:55  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1453	ANCY SOJAN E	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	0:24:84
II	589	APARNA .K.R	232 - Chalakudy	23011-ST. JOSEPH`S H S MELOOR	0:28:14
III	693	SILPA SIJU V	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:28:69

Category : **Senior Girls**  
Event : 350 : 400 M  
State Record : 56:21:00  
National Record : 55:18  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
----------	-----------	------	-------------	--------	-------------



**MEET RESULT**

I	690	AISWARYA V	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1:6:44
II	350	EMMY ELIZABATH	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	1:9:52
III	347	SHANIYA SHAJU	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	1:13:12

Category : **Senior Girls**  
Event : 351 : 800 M  
State Record : 00:00:00  
National Record : 2:09:14  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	590	ALEENA JOY	232 - Chalakudy	23011-ST. JOSEPH'S H S MELOOR	2:45:6
II	350	EMMY ELIZABATH	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	2:50:99
III	1603	NANDHANA.P.K	246 - Wadakancheri	24031-Govt.V.H.S.S. Thiruvilwamala	2:59:62

Category : **Senior Girls**  
Event : 352 : 1500 M  
State Record : 00:00:00  
National Record : 4:36:75  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	590	ALEENA JOY	232 - Chalakudy	23011-ST. JOSEPH'S H S MELOOR	5:40:28
II	1456	REMYA K R	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	5:54:47
III	345	AISWARYA P S	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	6:8:66

Category : **Senior Girls**  
Event : 353 : 3000 M  
State Record :  
National Record : 9:55:62  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
----------	-----------	------	-------------	--------	-------------



**MEET RESULT**

I	590	ALEENA JOY	232 - Chalakudy	23011-ST. JOSEPH'S H S MELOOR	13:0:26
II	1456	REMYA K R	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	13:15:72
III	299	AKSA MATHEW	224 - Thrissur East	22048-ST. Augustine H. S. S. Kuttanellur	13:28:57

Category : **Senior Girls**  
Event : 355 : 100 MH (0.762m)  
State Record : 00:00:00  
National Record : 14:56  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1262	SALIHA K H	243 - Kunnankulam	24083-Concord English School Pannithadam	0:16:52
II	386	SIYA DAVIS	226 - Thrissur West	22007-J. P. E. H. S. KOORKANCHERY	0:16:59
III	691	MEERA SHIBU	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	0:17:84

Category : **Senior Girls**  
Event : 356 : 400 MH(0.762m)  
State Record : 01:01:00  
National Record : 1:36  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	690	AISWARYA V	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1:20:1
II	278	AKSA BINOY	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	1:21:30
III	414	ANUGRAHA M R	226 - Thrissur West	22015-C. M. G. H. S. S. KUTTUR	1:27:98

Category : **Senior Girls**  
Event : 357 : LONG JUMP  
State Record : 5.75  
National Record : 6.05  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00



**MEET RESULT**

Position	Chest No:	Name	SubDistrict	School	Performance
I	1453	ANCY SOJAN E	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	5 : 75
II	693	SILPA SIJU V	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	5 : 19
III	688	AISWARYA K K	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	5 : 6

Category : **Senior Girls**  
Event : 358 : HIGH JUMP  
State Record : 1.7  
National Record : 1.68  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	691	MEERA SHIBU	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	1 : 62
II	1262	SALIHA K H	243 - Kunnamkulam	24083-Concord English School Pannithadam	1 : 55
III	947	ANEETTA IRISH	235 - Mala	23045-ST. MARY`S G H S S KUZHIKATTUSSERY	1 : 35

Category : **Senior Girls**  
Event : 359 : TRIPLE JUMP  
State Record : 12.64  
National Record : 12.66  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	691	MEERA SHIBU	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	11 : 93
II	688	AISWARYA K K	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	11 : 37
III	950	MILNA DAVIS	235 - Mala	23045-ST. MARY`S G H S S KUZHIKATTUSSERY	8 : 86

Category : **Senior Girls**  
Event : 360 : POLE VAULT  
State Record : 3.15  
National Record : 3.3  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00



**MEET RESULT**

Position	Chest No:	Name	SubDistrict	School	Performance
I	689	SUFNA JASMIN P S	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	2 : 10
II	564	SIBIYA BIJU	232 - Chalakudy	23009-ST. ANTONY'S C G H S KOTTAT	2 : 0
III	346	GOURI NANDA K BABU	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	1 : 70

Category : **Senior Girls**  
Event : 361 : SHOTPUT (3 KG)  
State Record : 12.21  
National Record : 13.54  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1454	ATHULYA P A	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	12 : 10
II	262	AKSA EMI C JOHN	224 - Thrissur East	22023-Poomala H. S. Poomala	9 : 34
III	344	NIJITHA M P	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	9 : 11

Category : **Senior Girls**  
Event : 362 : DISCUS THROW (1 KG)  
State Record : 40.23  
National Record : 43.78  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1454	ATHULYA P A	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	32 : 96
II	1263	SANHA T F	243 - Kunnamkulam	24083-Concord English School Pannithadam	25 : 16
III	344	NIJITHA M P	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	25 : 15

Category : **Senior Girls**  
Event : 363 : JAVELIN THROW(500 GMS)  
State Record : 41.1  
National Record : 45.33  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00



**MEET RESULT**

Position	Chest No:	Name	SubDistrict	School	Performance
I	946	ARSHA M S	235 - Mala	23045-ST. MARY'S G H S S KUZHIKATTUSSERY	23 : 85
II	650	ATHIRA SATHYAN	232 - Chalakudy	23083-M R S CHALAKUDY	23 : 78
III	948	PRAVEENA K.P	235 - Mala	23045-ST. MARY'S G H S S KUZHIKATTUSSERY	21 : 90

Category : **Senior Girls**  
Event : 364 : HAMMER THROW(3 KG)  
State Record :  
National Record : 50.83  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1454	ATHULYA P A	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	40 : 60
II	344	NIJITHA M P	224 - Thrissur East	22053-H. F. C. G. H. S. Thrissur	27 : 90
III	1263	SANHA T F	243 - Kunnankulam	24083-Concord English School Pannithadam	27 : 30

Category : **Senior Girls**  
Event : 365 : 3 KM WALK (On Road)  
State Record : 24:28:03  
National Record : 24:07:72  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	1456	REMYA K R	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	18:45:54
II	558	ANJANA V.S	232 - Chalakudy	23008-S H C G H S S CHALAKUDY	20:37:44
III	708	ANNA GRACE SHAJU	233 - Irinjalakuda	23027-L F C H S IRINJALAKUDA	21:6:4

Category : **Senior Girls**  
Event : 366 : 4 X 100 M RELAY  
State Record : 48:58:00  
National Record : 48:05  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-12 05:30:00





**MEET RESULT**

Position	Name	School	SubDistrict & Relay Letter	Performance
I	1401-AMRITHA SAJEEV	National H. S. S Engandiyur	245 - Valappad [K]	0:54:75
	1453-ANCY SOJAN E	Govt. Fisheries H. S. S Nattika		
	1454-ATHULYA P A	Govt. Fisheries H. S. S Nattika		
	1455-AADITHYA A S	Govt. Fisheries H. S. S Nattika		
	1456-REMYA K R	Govt. Fisheries H. S. S Nattika		
	1475-DIYA K V	Govt. Mappila H. S. S Chamakala		
III	560-HARIET SHAJAN	S H C G H S S Chalakudy	232 - Chalakudy [D]	0:56:57
	589-APARNA .K.R	St. Joseph`s H S Meloor		
	592-ANGEL BENNY	St. Joseph`s H S Meloor		
	614-AKSHAYA PHILIP	L F C H S S Koratty		
	638-JEESHMA JOBY	G H S S Chaipankuzhy		
	651-SANDRA M M	M R S Chalakudy		
II	688-AISWARYA K K	N H S S Irinjalakuda	233 - Irinjalakuda [E]	0:55:9
	690-AISWARYA V	N H S S Irinjalakuda		
	691-MEERA SHIBU	N H S S Irinjalakuda		
	693-SILPA SIJU V	N H S S Irinjalakuda		
	698-SANJANA M S	G G V H S S Irinjalakuda		
	739-AVANI KRISHNA M.L	S K H S S Anandapuram		

Category : **Senior Girls**  
Event : 367 : 4 X 400 M RELAY  
State Record : 03:56:42  
National Record : 3:46:05  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
I	1420-ARDRA SHAJI	St. Thomas H. S Engandiyur	245 - Valappad [K]	4:35:10
	1422-SREELAKSHMI P S	St. Thomas H. S Engandiyur		
	1453-ANCY SOJAN E	Govt. Fisheries H. S. S Nattika		
	1454-ATHULYA P A	Govt. Fisheries H. S. S Nattika		
	1455-AADITHYA A S	Govt. Fisheries H. S. S Nattika		
	1456-REMYA K R	Govt. Fisheries H. S. S Nattika		



**MEET RESULT**

II	556-JISNA I V	S H C G H S S Chalakudy	232 - Chalakudy [D]	4:49:80
	589-APARNA .K.R	St. Joseph`s H S Meloor		
	590-ALEENA JOY	St. Joseph`s H S Meloor		
	592-ANGEL BENNY	St. Joseph`s H S Meloor		
	614-AKSHAYA PHILIP	L F C H S S Koratty		
	615-SONA RAJAN	L F C H S S Koratty		
III	278-AKSA BINOY	Chaldean Syrian H. S. S. Thrissur	224 - Thrissur East [B]	4:55:81
	299-AKSA MATHEW	St. Augustine H. S. S. Kuttanellur		
	331-NANDHANA K S	S. H. C. G. H. S. S. Thrissur		
	332-EBINA MOL VARGHESE	S. H. C. G. H. S. S. Thrissur		
	347-SHANIYA SHAJU	H. F. C. G. H. S. Thrissur		
	350-EMMY ELIZABATH	H. F. C. G. H. S. Thrissur		

Category : **Junior Girls**  
 Event : 368 : HAMMER THROW(3 KG)  
 State Record :  
 National Record :  
 Venue : CHRIST COLLEGE, IRINJALAKUDA  
 Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	594	IERIN MOLE CHATHELY	232 - Chalakudy	23036-G H S S KODAKARA	70:0:0
II	150	FABI HAKKIM	222 - Cherpu	22025-Seraphic C. G. H. S. Peringottukara	72:0:0
III	797	ASWANI A S	234 - Kodungallur	23015-ST. ANNE`S H S KOTTAPURAM	97:0:0

Category : **Junior Girls**  
 Event : 369 : 4 X 400 M RELAY  
 State Record :  
 National Record :  
 Venue : CHRIST COLLEGE, IRINJALAKUDA  
 Date : 2019-11-11 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
I	223-VISMAYA V R	St. Joseph` S H. S. Velupadam	222 - Cherpu [A]	0:0:0

Category : **Cross Country**  
 Event : 370 : CROSS COUNTRY(On Road)  
 State Record :



**MEET RESULT**

National Record :  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	686	MOHAMMED SHABEER P U	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	20:20:5
II	670	YUMNAM ARJIT MEITEI	233 - Irinjalakuda	23024-N H S S IRINJALAKUDA	20:56:4
III	623	ASHIK WILSON	232 - Chalakudy	23055-ST. GEORGE`S H S PARIYARAM	21:27:6

Category : **Cross Country**  
Event : 371 : CROSS COUNTRY(On Road)  
State Record :  
National Record :  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	590	ALEENA JOY	232 - Chalakudy	23011-ST. JOSEPH`S H S MELOOR	17:43:6
II	1455	AADITHYA A S	245 - Valappad	24059-Govt. Fisheries H. S. S Nattika	18:10:92
III	990	SERIN MARIA NALSON	235 - Mala	23064-N S H S S VALOOR	18:29:68

Category : **Junior Boys**  
Event : 372 : 400 MH(0.838m)  
State Record :  
National Record :  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	860	RISHIKESH P A	234 - Kodungallur	23070-ST. JOSEPH`S H S MATHILAKAM	1:0:84
II	358	AKSHAY K SAJEEV	224 - Thrissur East	22056-G. M. B. H. S. S. Thrissur	1:0:91
III	271	KANNAN .K. S	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	1:1:70

Category : **Junior Girls**  
Event : 373 : 400 MH(0.762m)  
State Record :



**MEET RESULT**

National Record :  
Venue : CARMEL HSS CHALAKUDY  
Date : 2019-11-13 05:30:00

Position	Chest No:	Name	SubDistrict	School	Performance
I	329	SREELAKSHMY K	224 - Thrissur East	22052-S. H. C. G. H. S. S. Thrissur	1:12:6
II	213	FIDHA ABDULLA	222 - Cherpu	22068-C. J. M. A. H. S. S. Varandarappilly	1:20:75
III	272	DEVIKA V.P	224 - Thrissur East	22036-Chaldean Syrian H. S. S. Thrissur	1:21:46

Category : **Junior Boys**  
Event : 374 : 4 X 400 M RELAY  
State Record :  
National Record :  
Venue : CHRIST COLLEGE, IRINJALAKUDA  
Date : 2019-11-11 05:30:00

Position	Name	School	SubDistrict & Relay Letter	Performance
I	164-MUBASHIR BABUSALAM	St. Antony's H.s.s Pazhuvil	222 - Cherpu [A]	0:0:0