

# 61<sup>st</sup> National Schools Athletics Championship 2016

## Olympian Rahman Stadium, Medical College, Kozhikode.

### TECHNICAL MANUAL

The 61<sup>st</sup> National Schools Athletics Championship will be conducted by Directorate of Public Instruction, Department of General Education, Government of Kerala under the auspicious of School Games Federation of India with the following specifications.

#### Dates of Competition

29<sup>th</sup> January to 2<sup>nd</sup> February, 2016

#### Stadium

Athletics competitions will be held at Olympian Abdurrahman Stadium, Medical Collage Ground, Kozhikode. The stadium is equipped with 8 lane synthetic track

Surface	Synthetic
No of lanes in home straight	Ten
No of lanes in lap	Eight
Colour	Red

#### Competition area consists of

- |                       |                      |
|-----------------------|----------------------|
| 1. Running lanes      | 2. Long Jump area    |
| 3. Triple Jump area.  | 4. High Jump area    |
| 5. Pole Vault area    | 6. Shot Put area     |
| 7. Discus Throw area  | 8. Hammer Throw area |
| 9. Javelin Throw area |                      |

#### Warm up area.

Open grass/mud area on the south eastern side of the competition venue with throwing rings for Shot Put and Discus Throw is earmarked for warming up of athletes.

#### LIST OF EVENTS

Senior Boys	Junior Boys	Sub Junior Boys
1. 100m	1. 100m	1. 100m
2. 200m	2. 200m	2. 200m
3. 400m	3. 400m	3. 400m
4. 800m	4. 800m	4. 600m
5. 1500m	5. 1500m	5. 80mH(76.2cm)
6. 5000m	6. 3000m	6. 4x100m Relay
7. 110mH (99.0cm)	7. 100mH(91.4cm)	7. Long Jump
8. 400mH (91.4cm)	8. 4x100m Relay	8. High Jump
9. 4x100m Relay	9. 5000m Race Walk	9. Shot Put (4 kg)
10. 4x400m Relay	10. Long Jump	10. Discus Throw (1 kg)
11. 5000m Race Walk	11. Triple Jump	
12. Long Jump	12. High Jump	
13. Triple Jump	13. Pole Vault	
14. High Jump	14. Shot Put (5 kg)	
15. Pole Vault	15. Discus Throw (1.5 kg)	
16. Shot Put (6 kg)	16. Javelin Throw (700 g)	
17. Discus Throw (1.75 kg)	17. Hammer Throw (5 kg)	
18. Javelin Throw (800 g)		
19. Hammer Throw (6 kg)		

Senior Girls	Junior Girls	Sub Junior Girls
1. 100m	1. 100m	1. 100m
2. 200m	2. 200m	2. 200m
3. 400m	3. 400m	3. 400m
4. 800m	4. 800m	4. 600m
5. 1500m	5. 1500m	5. 80mH(76.2cm)
6. 3000m	6. 3000m	6. 4x100m Relay
7. 5000m	7. 100mH (76.2cm)	7. Long Jump
8. 100mH (84.0cm)	8. 4x100m Relay	8. High Jump
9. 400mH (76.2cm)	9. 3000m Race Walk	9. Shot Put (4 kg)
10. 4x100m Relay	10. Long Jump	10. Discus Throw (1 kg)
11. 4x400m Relay	11. Triple Jump	
12. 5000m Race Walk	12. High Jump	
13. Long Jump	13. Pole Vault	
14. Triple Jump	14. Shot Put (4 kg)	
15. High Jump	15. Discus Throw (1 kg)	
16. Pole Vault	16. Javelin Throw (600g)	
17. Shot Put (4 kg)	17. Hammer Throw (4 kg)	
18. Discus Throw (1 kg)		
19. Javelin Throw (600g)		
20. Hammer Throw (4 kg)		

### Cross country race for Boys 5 km

### Cross country race for Girls 3 km

## COMPETITION INFORMATION

### 1. Final confirmation of athletes

The Team Manager or their representative must confirm the names of those athletes already having confirmed entry, who will actually take part in the competition. Confirmation of athletes will not be accepted after the prescribed time deadline. For the events held on the first day of the competition the dead line will be 4.00 pm on 28<sup>th</sup> of January 2016 at the manager's meeting. For the second day onwards confirmation of entries must be made by **10 am on the previous day of competition at the front office of the TIC**, failing which, the team/athletes will not be allowed to participate. Front office of The TIC is located near to the first call room in the warm up area.

Competition day	Deadline for confirmation
Day One – 29-01-2016	4 pm on 28-01-2016 at the Managers meeting
Day Two– 30-01-2016	10 am on 29-01-2016 at the front office of TIC
Day Three-31-01-2016	10 am on 30-01-2016 at the front office of TIC
Day Four - 01-02-2016	10 am on 31-01-2016 at the front office of TIC
Day Five - 02-02-2016	10 am on 01-02-2016 at the front office of TIC

### 2. Failure to participate

An athlete shall be excluded from participation in all further events in the competition, including Relays in case where:

- A final confirmation was given that the athlete shall start an event but failed to do so
- If he or she qualified in preliminaries or heat for further participation in an event but failed to participate further.

### 3. Relays

Each participating unit may enter one (1) team for each relay event. Once the relay team has started the competition, only two additional athletes may be used as substitutes in the composition of team for the subsequent rounds (IAAF rule 170.17) Substitution in a relay can be made only from the list of athletes already entered for the competition where for that event or any other event.

**Composition of the team in the order of running should be declared and submitted one hour before the schedule time of the relay event at the First Call room in the specified form officially supplied for the purpose. It will be available at the front office of the TIC.**

IAAF rule 170-18 will be followed in participation and substitution in relay.

### 4. Announcement at the Call Room

First Call Room is located at the south eastern side of the main stadium and Second Call Room is located adjacent to the FOP near to the back straight. All the announcements will be made in English and Hindi. Athletes shall confirm their bibs and names at the entrance of the First Call Room. Athletes shall sit and wear the proper uniform and wait for their turn by final call. A notice for reporting to the First Call Room is made according to the following schedule:

Event	Announcement	First call time	Final call time	Leading to Competition venue	Arrival at the venue
Track	35 min	30 min	25 min	15 min	10 min
High Jump	60 min	55min	50 min	45min	40 min
Pole vault	90min	80min	75min	70min	60min
Other field events	60min	55min	45min	35min	30min

### 5. Call Room Procedures.

The judges of Call Room 2 will check the following items in according to the IAAF rule. Competition shoe - number of spikes, length of spike and thickness of sole of shoe as per IAAF rule 143.4. **Only spikes with nails suitable for synthetic surface will be allowed inside the competition area`**

### 6. Inspection of bags, its contents and personal belongings

The contents of athletes' bags are subjected to inspection at the Call Room 2.

**The participants are not permitted to carry electronic gadgets like mobile phones, walkie-talkie, audio or video players etc. into the field of play. These articles in possession if any will be confiscated at the Call Room. List of articles which are likely to be confiscated will be published at the Call Room. A receipt of items confiscated will be issued and the same items can be collected after competition from the post competition area.**

### 7. Procedure and Schedule to enter the competition site

Once inspection is over, athletes will be escorted by a designated official to the field of play as per the timing given in the following table.

Track Events	10 minutes before the start of the event
Hurdles and Relay Races	15 minutes before the start of the events
Filed Events	30 minutes before the start of the events
High Jump	40 minutes before the start of the event
Pole Vault	60 minutes before the start of the event

## **8. Procedure to exit the competition arena**

All athletes should leave the field of play through the **mixed zone** to the post competition area and collect their belongings and confiscated items.

## **9. Mixed Zone**

After the completion of each event, all athletes will be directed from the competition site via mixed zone located near the finish area. The mixed zone is an area where accredited media are allowed to conduct short interviews immediately after the completion of events. The winners have to be present at the podium specifically earmarked for the interview by media, located near the finishing area.

## **10. Post event control**

Post event control area is located adjacent to the mixed zone outside the fencing from where athletes can collect their belongings including confiscated items.

## **11. Competition Procedure**

- a) Finish line fully automatic timing devices are in use for track events.
- b) Field event measurements will be done on calibrated steel tapes / Electronic Devices for Measurements (EDMs).

## **12. Competition rules**

Competition shall be conducted in accordance with 2016-17, which has been in effect from 1<sup>st</sup> Nov. 2015. IAAF Handbook. Organisers shall be responsible for the conduct and management of the events under the guidance of Technical Delegate appointed by the SGFI.

## **13. Entry**

Each participating unit is allowed to enter **two** athletes per event and **one** team in Relays.

## **14. Medical check-up**

Participating athletes are subject to medical check-up for the verification of age as per the direction of SGFI Delegate.

## **15. Protest and appeal**

Oral Protest shall be made to the concerned Referee by the athlete or his / her representative. If The Referee makes a decision, there shall be a right of appeal to the Jury. Appeal concerning the result or the conduct of an event shall be made within 30 minutes of the official announcement of the result of that event in writing in English to the TIC in the prescribed form which will be available at the TIC and shall be accompanied by a deposit of Rs. 1000/- which will be forfeited if the appeal is not upheld. Appeal shall be resolved in accordance with IAAF rule.

Protest concerning the status or eligibility of athletes must be made prior to the commencement of the competition to the SGFI Delegate.

## **16. Competition clothing and Bib numbers**

Athletes must wear the official uniform approved by their State/Board during competition including Victory Ceremony. No advertisement shall be displayed on any of the clothing. Athletes vest should be of same color in front and back. A set of three Bib numbers shall be given to each athlete. Bibs must be attached to the chest and back with four pins each on the competition uniform. In High jump and Pole vault athlete may compete with one Bib attached either on front or back. The third Bib should be attached to athlete's bag that is carried to the competition site.

### **17. Medal Ceremony**

Medal ceremony will take place immediately after the conclusion of each event. Winners of all three positions of the competitions will have to report to the ceremony area located right below the main rostrum as and when their names are called for. Announcements will be made in English and Hindi. Medals will be distributed only during the ceremony and the Athletes must wear the official uniform approved their State/Boards. Team Managers are requested to ensure the presence of their athletes in proper uniform to the ceremony.

#### **Medals will be awarded in the order given below**

Third Place Winner	(Bronze)
Second Place Winner	(Silver)
First Place Winner	(Gold)

### **18. Doping control procedure**

Doping control procedure will be carried out as per WADA rules and directions.

### **19. Technical Meeting**

Technical meeting of the Team Officials will be conducted as follows:

#### **Meeting of the Chief de Missions**

<b>Date :</b>	<b>28-01-2016</b>
<b>Time :</b>	<b>1.00 PM</b>
<b>Venue :</b>	<b>Stadium Office</b>
<b>Attendance :</b>	<b>Only one member from each team.</b>

#### **Meeting of the Managers and Coaches**

<b>Date :</b>	<b>28-01-2016</b>
<b>Time :</b>	<b>2.00 PM</b>
<b>Venue :</b>	<b>Stadium Office</b>
<b>Attendance :</b>	<b>Not more than two members from each team.</b>

SGFI and LOC Delegates will preside over the meeting. Meeting will be conducted in English. All questions concerning the organisation of competition must be made in writing in English on the form provided at the TIC, and the same should be submitted back to TIC not later than 12.00 noon on 28.01.2016. Answer to the questions will be given in the meeting.

Starting heights and progression of bar in High Jump & Pole Vault will be finalised in the meeting of Managers and Coaches.

### **20. Technical Information Centre (TIC)**

The front office of the TIC will be set up at the Stadium near to the First Call Room to provide competition information. The following can be obtained from TIC desk.

- Start list and Results,
- Distribution of final confirmation form,
- Distribution of Relay confirmation form,
- Distribution of Protest form,

The list of athletes qualified for the subsequent rounds in track events will be published in the notice board placed in the front office of the TIC.

## **21. Opening and Closing Ceremonies**

Opening Ceremony will take place at 4.00 pm on 29<sup>th</sup> January 2016, in the presence of honorable ministers and eminent sports personalities and other dignitaries of the state. All the team members must participate in the March Past and the inaugural ceremony of the Championship. Failure to participate in the March Past and opening ceremony will be viewed seriously by SGFI.

The closing function will take place at 4.00 pm on 2<sup>nd</sup> February 2016, in the presence of honorable ministers and other eminent personalities of Kerala.

## **22. Competition Implements**

Organisers will provide IAAF certified equipments and implements for competition. Any personal implement other than official supply must be submitted one day prior to that particular competition at the TIC. A receipt in this regard has to be collected by the athlete or his/her representative. If the implement is accepted by SGFI Delegate, the same will be placed on the common pool so that it can be used by all the competitors. Personal implement may be collected after the completion of the said event by the athlete concerned from the equipment room on return of the original receipt.

## **23. Check marks.**

Organisers will provide the check marks to the competitors. No marks with chalk or similar substances shall be allowed on the Field Of Play.

## **24. Competition Schedule.**

Competition schedule is given as annexure. The day wise schedule for each day will also be circulated along with the start list for each day of competitions.

## **25. Qualifying Competitions.**

There will be Qualifying Competitions for field events, if the number of athletes actually participating is more so as to conduct the event satisfactorily. The qualifying standard for each event will be decided by SGFI Delegate. Once an athlete has achieved the qualifying standard, he/she shall not continue in the qualifying competition. The performance achieved in the qualifying competition will not be considered for final competition.

If the actual number of athletes who had qualified for final competition is less than twelve, it will be expanded to twelve by adding athletes according to their performance in the qualifying competition so that a minimum of twelve athletes are competing in the final.

For events 100m, 200m, 400m, and Hurdles events there will only be a maximum of three rounds of competition. The number of athletes qualified for the subsequent round will be decided by the SGFI Delegate according to the number of heats run in each event. In 1500m, 800m, 600m and relay events, there will only be two rounds of competitions. The total number of confirmed athletes will be divided in to three groups in 800m and 600m for heats and it will be a common curve start. The best three athletes from each heat and best three losers on time basis will be qualified for final which will be run in lanes. In 1500m, the athletes will be divided in to two groups for heats. First four places and best four losers will be qualified for final.

5000m, 3000m and Race walking competitions will be conducted as direct final.

