

SCORING CHART FOR GIRLS- HEIGHTS

Marks	12 to 12.5	12.5 to 13	13 to 13.5	13.5 to 14	14 to 14.5	14.5 to 15	Marks
15	162.0	165.5	168.50	171.00	172.50	173.50	15
14	161.0	164.0	167.00	169.00	170.50	171.50	14
13	160.0	163.0	165.50	167.50	169.00	170.00	13
12	158.5	161.5	163.50	165.50	167.00	168.00	12
11	157.0	159.5	161.50	163.50	165.00	166.00	11
10	155.0	158.0	160.50	162.00	163.50	164.50	10
9	154.0	156.5	158.50	160.50	162.00	163.00	9
8	152.0	154.5	156.50	158.00	161.00	161.00	8
7	150.0	152.5	154.50	156.50	158.00	159.00	7
6	148.0	150.5	152.50	154.50	156.00	157.00	6
5	146.0	148.5	150.50	152.50	153.50	154.50	5
4	143.5	146.0	148.00	149.50	150.50	151.50	4
3	141.0	143.0	144.50	146.00	147.00	148.00	3
2	138.0	140.0	141.50	143.00	144.00	145.00	2
1	135.0	137.0	138.50	140.00	141.00	142.00	1

SCORING CHART FOR BOYS- HEIGHTS

Marks	12 to 12.5	12.5 to 13	13 to 13.5	13.5 to 14	14 to 14.5	14.5 to 15	Marks
15	163.0	165.5	168.50	171.50	175.00	178.00	15
14	162.0	164.5	167.50	170.50	174.00	177.00	14
13	161.0	163.5	166.50	169.00	172.00	175.00	13
12	159.5	161.5	164.00	167.00	170.00	172.50	12
11	158.0	160.0	162.50	165.50	168.00	171.00	11
10	156.5	158.5	161.00	164.00	167.00	169.00	10
9	155.0	157.0	159.50	162.50	165.00	167.50	9
8	153.0	155.0	157.50	160.50	163.00	165.00	8
7	151.0	153.0	155.50	158.00	160.50	162.50	7
6	149.0	151.0	153.00	155.50	158.00	160.00	6
5	147.0	149.0	151.00	153.50	156.00	158.00	5
4	144.5	146.5	148.50	151.00	153.50	155.00	4
3	142.0	143.5	145.50	148.00	150.50	152.00	3
2	139.0	140.5	142.50	144.50	146.50	148.00	2
1	136.0	137.5	139.00	141.00	143.00	144.50	1

SCORING CHART FOR BOYS 12 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
100	7.1	11.8	2.45	7.50	9.50	60.00	100
99				7.48	9.47	59.75	99
98			2.44	7.47	9.44	59.50	98
97				7.45	9.41	59.25	97
96		11.9	2.43	7.44	9.38	59.00	96
95				7.42	9.35	58.75	95
94			2.42	7.41	9.32	58.50	94
93				7.39	9.29	58.25	93
92	7.2	12.0	2.41	7.38	9.26	58.00	92
91				7.36	9.23	57.75	91
90			2.40	7.35	9.20	57.50	90
89		12.1		7.33	9.17	57.20	89
88			2.39	7.31	9.14	56.90	88
87			2.38	7.29	9.11	56.80	87
86		12.2		7.27	9.08	56.30	86
85			2.37	7.25	9.05	56.00	85
84	7.3		2.36	7.23	9.00	55.70	84
83		12.3		7.21	8.95	55.40	83
82			2.35	7.19	8.90	55.10	82
81			2.34	7.17	8.85	54.80	81
80		12.4		7.15	8.80	54.50	80
79			2.33	7.13	8.75	54.20	79
78			2.32	7.11	8.70	53.80	78
77	7.4	12.5		7.09	8.65	53.40	77
76			2.31	7.07	8.60	53.00	76
75			2.30	7.05	8.55	52.60	75
74		12.6		7.03	8.50	52.20	74
73			2.29	7.01	8.45	51.80	73
72		12.7	2.20	6.99	8.40	51.40	72
71				6.96	8.35	51.00	71
70	7.5	12.8	2.27	6.93	8.30	50.60	70
69			2.26	6.90	8.25	50.20	69
68		12.9		6.87	8.20	49.80	68
67			2.25	6.84	8.15	49.40	67
66		13.0	2.24	6.81	8.10	49.00	66
65			2.23	6.78	8.05	48.60	65

SCORING CHART FOR BOYS 12 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
64	7.6	13.1	2.22	6.75	8.00	48.20	64
63			2.21	6.72	7.95	47.80	63
62		13.2	2.20	6.69	7.90	47.40	62
61			2.19	6.66	7.85	47.00	61
60		13.3	2.18	6.63	7.80	46.60	60
59			2.17	6.60	7.75	46.20	59
58	7.7	13.4	2.16	6.57	7.70	45.80	58
57			2.15	6.54	7.65	45.40	57
56		13.5	2.14	6.51	7.60	45.00	56
55			2.13	6.48	7.55	44.60	55
54		13.6	2.12	6.45	7.50	44.20	54
53			2.11	6.42	7.45	43.80	53
52	7.8	13.7	2.10	6.39	7.40	43.40	52
51			2.09	6.36	7.35	43.00	51
50		13.8	2.08	6.33	7.30	42.70	50
49			2.07	6.30	7.25	42.40	49
48		13.9	2.06	6.27	7.20	42.00	48
47			2.05	6.24	7.15	41.60	47
46	7.9	14.0	2.04	6.21	7.10	41.20	46
45			2.03	6.17	7.05	40.80	45
44		14.1	2.02	6.14	7.00	40.40	44
43			2.01	6.11	6.93	40.00	43
42		14.2	2.00	6.08	6.86	39.60	42
41			1.99	6.05	6.79	39.20	41
40	8.0	14.3	1.98	6.02	6.72	38.80	40
39			1.97	5.99	6.65	38.40	39
38		14.4	1.96	5.96	6.58	38.00	38
37			1.95	5.93	6.51	37.60	37
36		14.5	1.94	5.90	6.44	37.20	36
35	8.1		1.93	5.87	6.37	36.80	35
34		14.6	1.92	5.84	6.30	36.40	34
33			1.91	5.81	6.23	36.00	33
32		14.7	1.90	5.78	6.16	35.60	32
31			1.89	5.75	6.09	35.20	31
30	8.2	14.8	1.88	5.72	6.02	34.80	30

SCORING CHART FOR BOYS 12 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
29			1.86	5.69	5.95	34.40	29
28		14.9	1.85	5.66	5.88	34.00	28
27			1.83	5.63	5.81	33.60	27
26		15.0	1.82	5.60	5.74	33.20	26
25	8.3		1.80	5.57	5.67	32.80	25
24		15.1	1.79	5.54	5.60	32.40	24
23			1.77	5.51	5.53	32.00	23
22		15.2	1.76	5.48	5.46	31.60	22
21			1.74	5.45	5.39	31.20	21
20	8.4	15.3	1.73	5.41	5.32	30.80	20
19			1.71	5.37	5.25	30.40	19
18		15.4	1.70	5.33	5.18	30.00	18
17			1.68	5.29	5.11	29.60	17
16		15.5	1.67	5.25	5.04	29.20	16
15	8.5		1.65	5.21	4.97	28.80	15
14		15.6	1.64	5.17	4.90	28.40	14
13			1.62	5.13	4.80	28.00	13
12		15.7	1.61	5.09	4.70	27.60	12
11	8.6		1.59	5.05	4.60	27.20	11
10		15.8	1.58	5.01	4.50	26.80	10
9			1.56	4.97	4.40	26.40	9
8		15.9	1.55	4.93	4.30	26.00	8
7	8.7		1.53	4.89	4.20	25.50	7
6		16.0	1.51	4.85	4.10	25.00	6
5		16.1	1.49	4.81	4.00	24.50	5
4	8.8	16.2	1.47	4.77	3.90	24.00	4
3		16.3	1.45	4.73	3.80	23.50	3
2		16.4	1.43	4.69	3.70	23.00	2
1	8.9	16.5	1.41	4.65	3.60	22.50	1

SCORING CHART FOR BOYS 13 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
100	6.9	11.6	2.55	7.75	10.50	66.00	100
99				7.73	10.47	65.70	99
98			2.54	7.72	10.44	65.40	98
97				7.70	10.41	65.10	97
96		11.7	2.53	7.69	10.38	64.80	96
95				7.67	10.35	64.50	95
94			2.52	7.66	10.32	64.20	94
93				7.64	10.29	63.90	93
92	7.0	11.8	2.51	7.63	10.26	63.60	92
91				7.61	10.23	63.30	91
90			2.50	7.60	10.20	63.00	90
89		11.9	2.49	7.58	10.17	62.70	89
88				7.56	10.14	62.40	88
87			2.48	7.54	10.11	62.10	87
86		12.0	2.47	7.52	10.08	61.80	86
85				7.50	10.05	61.50	85
84	7.1		2.46	7.48	10.00	61.20	84
83		12.1	2.45	7.46	9.95	60.90	83
82				7.44	9.90	60.60	82
81			2.44	7.42	9.85	60.30	81
80		12.2	2.43	7.40	9.80	60.00	80
79				7.38	9.75	59.60	79
78			2.42	7.36	9.70	59.20	78
77	7.2	12.3	2.41	7.34	9.65	58.80	77
76				7.32	9.60	58.40	76
75			2.40	7.30	9.55	58.00	75
74		12.4	2.39	7.27	9.50	57.60	74
73				7.24	9.45	57.20	73
72			2.38	7.21	9.40	56.80	72
71		12.5	2.37	7.18	9.35	56.40	71
70	7.3			7.15	9.30	56.00	70
69			2.36	7.12	9.25	55.60	69
68		12.6	2.35	7.09	9.20	55.20	68
67			2.34	7.06	9.15	54.80	67
66			2.33	7.03	9.10	54.40	66
65		12.7	2.32	7.00	9.05	54.00	65
64	7.4		2.31	6.97	9.00	53.60	64
63			2.30	6.94	8.95	53.20	63
62		12.8	2.29	6.91	8.90	52.80	62
61			2.28	6.88	8.85	52.40	61

SCORING CHART FOR BOYS 13 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
60			2.27	6.85	8.80	52.00	60
59		12.9	2.26	6.82	8.75	51.60	59
58	7.5		2.25	6.79	8.70	51.20	58
57			2.24	6.76	8.65	50.80	57
56		13.0	2.23	6.73	8.60	50.40	56
55			2.22	6.70	8.55	50.00	55
54		13.1	2.21	6.67	8.48	49.60	54
53			2.20	6.64	8.41	49.20	53
52	7.6	13.2	2.19	6.61	8.34	48.80	52
51			2.18	6.58	8.27	48.40	51
50		13.3	2.17	6.55	8.20	48.00	50
49			2.16	6.52	8.13	47.60	49
48		13.4	2.15	6.49	8.06	47.20	48
47			2.14	6.46	7.99	46.80	47
46	7.7	13.5	2.13	6.43	7.92	46.40	46
45			2.12	6.40	7.85	46.00	45
44		13.6	2.11	6.37	7.78	45.60	44
43			2.10	6.34	7.71	45.20	43
42		13.7	2.09	6.31	7.64	44.80	42
41			2.08	6.28	7.57	44.40	41
40	7.8	13.8	2.07	6.25	7.50	44.00	40
39			2.06	6.22	7.43	43.60	39
38		13.9	2.05	6.19	7.36	43.20	38
37			2.04	6.16	7.29	42.80	37
36		14.0	2.03	6.13	7.22	42.40	36
35	7.9		2.02	6.10	7.15	42.00	35
34		14.1	2.01	6.07	7.08	41.60	34
33			2.00	6.04	7.01	41.20	33
32		14.2	1.99	6.01	6.94	40.80	32
31			1.97	5.98	6.87	40.40	31
30	8	14.3	1.96	5.95	6.80	40.00	30
29			1.94	5.92	6.73	39.60	29
28		14.4	1.93	5.89	6.66	39.20	28
27			1.91	5.86	6.59	38.80	27
26		14.5	1.90	5.83	6.52	38.40	26
25	8.1		1.88	5.80	6.45	38.00	25
24		14.6	1.87	5.77	6.38	37.60	24
23			1.85	5.74	6.31	37.20	23
22		14.7	1.84	5.71	6.24	36.80	22
21			1.82	5.68	6.17	36.40	21
20	8.2	14.8	1.81	5.65	6.10	36.00	20

SCORING CHART FOR BOYS 13 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
19			1.79	5.61	6.00	35.60	19
18		14.9	1.78	5.57	5.90	35.20	18
17			1.76	5.53	5.80	34.80	17
16		15.0	1.75	5.49	5.70	34.40	16
15	8.3		1.73	5.45	5.60	34.00	15
14		15.1	1.72	5.41	5.50	33.60	14
13			1.70	5.37	5.40	33.20	13
12		15.2	1.69	5.33	5.30	32.80	12
11			1.67	5.29	5.20	32.40	11
10	8.4	15.3	1.65	5.25	5.10	32.00	10
9			1.63	5.21	5.00	31.50	9
8		15.4	1.61	5.17	4.90	31.00	8
7			1.59	5.13	4.80	30.50	7
6		15.5	1.57	5.09	4.70	30.00	6
5	8.5	15.6	1.55	5.05	4.60	29.50	5
4		15.7	1.53	5.01	4.50	29.00	4
3		15.8	1.51	4.97	4.40	28.50	3
2		15.9	1.49	4.93	4.30	28.00	2
1	8.6	16.0	1.47	4.89	4.20	27.50	1

SCORING CHART FOR BOYS 14 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
100	6.7	11.2	2.60	8.00	11.75	72.00	100
99				7.98	11.71	71.70	99
98			2.59	7.97	11.67	71.40	98
97				7.95	11.63	71.10	97
96			2.58	7.94	11.59	70.80	96
95		11.3		7.92	11.55	70.50	95
94			2.57	7.91	11.51	70.20	94
93				7.89	11.47	69.90	93
92	6.8	11.4	2.56	7.88	11.43	69.60	92
91				7.86	11.39	69.30	91
90			2.55	7.85	11.35	69.00	90
89		11.5	2.54	7.83	11.31	68.70	89
88				7.81	11.27	68.40	88
87			2.53	7.79	11.23	68.10	87
86		11.6	2.52	7.77	11.19	67.80	86
85				7.75	11.15	67.50	85
84	6.9		2.51	7.73	11.10	67.20	84
83		11.7	2.50	7.71	11.05	66.90	83
82				7.69	11.00	66.60	82
81			2.49	7.67	10.95	66.30	81
80		11.8	2.48	7.65	10.90	66.00	80
79				7.63	10.85	65.60	79
78			2.47	7.61	10.80	65.20	78
77		11.9	2.46	7.59	10.75	64.80	77
76	7.0			7.57	10.70	64.40	76
75			2.45	7.55	10.65	64.00	75
74		12.0	2.44	7.52	10.60	63.60	74
73				7.49	10.55	63.20	73
72			2.43	7.46	10.50	62.80	72
71		12.1	2.42	7.43	10.45	62.40	71
70				7.40	10.40	62.00	70
69	7.1		2.41	7.37	10.35	61.60	69
68		12.2	2.40	7.34	10.30	61.20	68
67			2.39	7.31	10.25	60.80	67
66			2.38	7.28	10.20	60.40	66
65		12.3	2.37	7.25	10.13	60.00	65
64			2.36	7.22	10.06	59.60	64
63			2.35	7.19	9.99	59.20	63
62	7.2	12.4	2.34	7.16	9.92	58.80	62
61			2.33	7.13	9.85	58.40	61
60			2.32	7.10	9.78	58.00	60

SCORING CHART FOR BOYS 14 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
59		12.5	2.31	7.07	9.71	57.60	59
58			2.30	7.04	9.64	57.20	58
57			2.29	7.01	9.57	56.80	57
56		12.6	2.28	6.98	9.50	56.40	56
55	7.3		2.27	6.95	9.43	56.00	55
54		12.7	2.26	6.92	9.36	55.60	54
53			2.25	6.89	9.29	55.20	53
52		12.8	2.24	6.86	9.22	54.80	52
51			2.23	6.83	9.15	54.40	51
50		12.9	2.22	6.80	9.08	54.00	50
49	7.1		2.21	6.77	9.01	53.60	49
48		13.0	2.20	6.74	8.94	53.20	48
47			2.19	6.71	8.87	52.80	47
46		13.1	2.18	6.68	8.80	52.40	46
45			2.17	6.65	8.73	52.00	45
44		13.2	2.16	6.62	8.66	51.60	44
43	7.5		2.15	6.59	8.59	51.20	43
42		13.3	2.14	6.56	8.52	50.80	42
41			2.13	6.53	8.45	50.40	41
40		13.4	2.12	6.50	8.38	50.00	40
39			2.11	6.47	8.31	49.60	39
38		13.5	2.10	6.44	8.24	49.20	38
37	7.6		2.09	6.41	8.17	48.80	37
36		13.6	2.08	6.38	8.10	48.40	36
35			2.07	6.35	8.03	48.00	35
34		13.7	2.06	6.32	7.96	47.60	34
33			2.05	6.29	7.89	47.20	33
32		13.8	2.04	6.26	7.82	46.80	32
31	7.7		2.02	6.23	7.75	46.40	31
30		13.9	2.01	6.20	7.68	46.00	30
29			1.99	6.17	7.61	45.60	29
28		14.0	1.98	6.14	7.54	45.20	28
27			1.96	6.11	7.47	44.80	27
26		14.1	1.95	6.08	7.40	44.40	26
25	7.8		1.93	6.05	7.30	44.00	25
24		14.2	1.92	6.02	7.20	43.60	24
23			1.90	5.99	7.10	43.20	23
22		14.3	1.89	5.96	7.00	42.80	22
21			1.87	5.93	6.90	42.40	21
20	7.9	14.4	1.85	5.90	6.80	42.00	20
19			1.84	5.86	6.70	41.50	19

SCORING CHART FOR BOYS 14 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
18		14.5	1.83	5.82	6.60	41.00	18
17			1.81	5.78	6.50	40.50	17
16		14.6	1.80	5.74	6.40	40.00	16
15	8.0		1.78	5.70	6.30	39.50	15
14		14.7	1.77	5.66	6.20	39.00	14
13			1.75	5.62	6.10	38.50	13
12		14.8	1.74	5.58	6.00	38.00	12
11			1.72	5.54	5.90	37.50	11
10	8.1	14.9	1.70	5.50	5.80	37.00	10
9			1.68	5.46	5.70	36.50	9
8		15.0	1.66	5.42	5.60	36.00	8
7		15.1	1.64	5.38	5.50	35.50	7
6		15.2	1.62	5.34	5.40	35.00	6
5	8.2	15.3	1.66	5.30	5.30	34.50	5
4		15.4	1.58	5.26	5.20	34.00	4
3		15.5	1.56	5.22	5.10	33.50	3
2		15.6	1.54	5.18	5.00	33.00	2
1	8.3	15.7	1.52	5.14	4.90	32.50	1

SCORING CHART FOR GIRLS 12 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
100	7.8	12.8	2.15	6.70	6.50	36.00	100
99				6.69	6.48	35.80	99
98				6.68	6.46	35.60	98
97			2.14	6.67	6.44	35.40	97
96		12.9		6.66	6.42	35.20	96
95				6.65	6.40	35.00	95
94			2.13	6.64	6.38	34.80	94
93				6.63	6.36	34.60	93
92		13.0		6.62	6.34	34.40	92
91			2.12	6.61	6.32	34.20	91
90	7.9			6.60	6.30	34.00	90
89				6.58	6.28	33.80	89
88		13.1	2.11	6.57	6.26	33.60	88
87				6.55	6.24	33.40	87
86			2.10	6.54	6.22	33.20	86
85				6.52	6.20	33.00	85
84		13.2	2.09	6.51	6.17	32.80	84
83				6.49	6.14	32.60	83
82			2.08	6.48	6.11	32.40	82
81		13.3		6.46	6.08	32.20	81
80	8.0		2.07	6.45	6.05	32.00	80
79				6.43	6.02	31.80	79
78		13.4	2.06	6.42	5.99	31.60	78
77				6.40	5.96	31.40	77
76			2.05	6.39	5.93	31.20	76
75		13.5		6.38	5.90	31.00	75
74			2.04	6.36	5.87	30.75	74
73				6.35	5.84	30.50	73
72	8.1	13.6	2.03	6.33	5.81	30.25	72
71				6.32	5.78	30.00	71
70			2.02	6.30	5.75	29.75	70
69		13.7		6.28	5.72	29.50	69
68			2.01	6.26	5.69	29.25	68
67				6.24	5.66	29.00	67
66		13.8	2.00	6.22	5.63	28.75	66
65				6.20	5.60	28.50	65
64	8.2		1.99	6.18	5.57	28.25	64
63		13.9	1.98	6.16	5.54	28.00	63

SCORING CHART FOR GIRLS 12 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
62				6.14	5.51	27.75	62
61			1.97	6.12	5.48	27.50	61
60		14.0	1.96	6.10	5.45	27.25	60
59				6.08	5.42	27.00	59
58			1.95	6.06	5.39	26.75	58
57		14.1	1.94	6.04	5.36	26.50	57
56	8.3			6.02	5.33	26.25	56
55			1.93	6.00	5.30	26.00	55
54		14.2	1.92	5.98	5.26	25.75	54
53				5.96	5.22	25.50	53
52			1.91	5.94	5.18	25.25	52
51		14.3	1.90	5.92	5.14	25.00	51
50				5.90	5.10	24.75	50
49	8.4		1.89	5.87	5.06	24.50	49
48		14.4	1.88	5.84	5.02	24.25	48
47			1.87	5.81	4.98	24.00	47
46		14.5	1.86	5.78	4.94	23.75	46
45			1.85	5.75	4.90	23.50	45
44		14.6	1.84	5.72	4.86	23.25	44
43			1.83	5.69	4.82	23.00	43
42	8.5	14.7	1.82	5.66	4.78	22.75	42
41			1.81	5.63	4.74	22.50	41
40		14.8	1.80	5.60	4.70	22.25	40
39			1.79	5.57	4.66	22.00	39
38		14.9	1.78	5.54	4.62	21.75	38
37			1.77	5.51	4.58	21.50	37
36		15.0	1.76	5.48	4.54	21.25	36
35	8.6		1.75	5.45	4.50	21.00	35
34		15.1	1.74	5.42	4.46	20.75	34
33			1.73	5.39	4.42	20.50	33
32		15.2	1.72	5.36	4.38	20.25	32
31			1.71	5.33	4.34	20.00	31
30		15.3	1.70	5.30	4.30	19.70	30
29	8.7		1.69	5.27	4.26	19.40	29
28		15.4	1.68	5.24	4.22	19.10	28
27			1.67	5.21	4.18	18.80	27
26		15.5	1.66	5.18	4.14	18.50	26
25			1.65	5.15	4.10	18.20	25
24		15.6	1.64	5.12	4.06	17.90	24
23	8.8		1.63	5.09	4.02	17.60	23
22		15.7	1.62	5.06	3.98	17.30	22

SCORING CHART FOR GIRLS 12 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
21			1.61	5.03	3.94	17.00	21
20		15.8	1.60	5.00	3.90	16.70	20
19			1.59	4.97	3.86	16.40	19
18	8.9	15.9	1.58	4.94	3.82	16.10	18
17			1.57	4.91	3.78	15.80	17
16		16.0	1.56	4.88	3.74	15.50	16
15			1.55	4.85	3.70	15.20	15
14	9.0	16.1	1.54	4.82	3.65	14.90	14
13			1.53	4.79	3.60	14.60	13
12		16.2	1.52	4.76	3.55	14.30	12
11		16.3	1.51	4.73	3.50	14.00	11
10	9.1	16.4	1.50	4.70	3.45	13.60	10
9		16.5	1.49	4.66	3.40	13.20	9
8		16.6	1.48	4.62	3.35	12.80	8
7		16.7	1.47	4.58	3.30	12.40	7
6	9.2	16.8	1.46	4.54	3.25	12.00	6
5		16.9	1.45	4.50	3.20	11.60	5
4		17.0	1.44	4.46	3.15	11.20	4
3	9.3	17.1	1.43	4.42	3.10	10.80	3
2		17.2	1.42	4.38	3.05	10.40	2
1	9.4	17.3	1.41	4.34	3.00	10.00	1

SCORING CHART FOR GIRLS 13 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
100	7.6	12.6	2.25	6.85	7.25	38.00	100
99				6.84	7.22	37.80	99
98				6.83	7.19	37.60	98
97			2.24	6.82	7.16	37.40	97
96		12.7		6.81	7.13	37.20	96
95				6.80	7.10	37.00	95
94			2.23	6.79	7.07	36.80	94
93				6.78	7.04	36.60	93
92		12.8		6.77	7.01	36.40	92
91			2.22	6.76	6.98	36.20	91
90	7.7			6.74	6.95	36.00	90
89			2.21	6.73	6.92	35.80	89
88		12.9		6.71	6.89	35.60	88
87			2.20	6.70	6.86	35.40	87
86				6.68	6.83	35.20	86
85			2.19	6.67	6.80	35.00	85
84		13.0		6.65	6.77	34.80	84
83			2.18	6.64	6.74	34.60	83
82				6.62	6.71	34.40	82
81		13.1	2.17	6.61	6.68	34.20	81
80	7.8			6.59	6.65	34.00	80
79			2.16	6.58	6.62	33.80	79
78		13.2		6.56	6.59	33.60	78
77			2.15	6.55	6.56	33.40	77
76				6.53	6.53	33.20	76
75		13.3	2.14	6.52	6.50	33.00	75
74				6.50	6.47	32.75	74
73			2.13	6.49	6.44	32.50	73
72	7.9	13.4		6.47	6.41	32.25	72
71			2.12	6.46	6.38	32.00	71
70			2.11	6.44	6.35	31.75	70
69		13.5	2.10	6.42	6.32	31.50	69
68				6.40	6.29	31.25	68
67			2.09	6.38	6.26	31.00	67
66		13.6	2.08	6.36	6.23	30.75	66
65				6.34	6.20	30.50	65

SCORING CHART FOR GIRLS 13 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
64	8.0		2.07	6.32	6.17	30.25	64
63		13.7	2.06	6.30	6.14	30.00	63
62				6.28	6.11	29.75	62
61			2.05	6.26	6.08	29.50	61
60		13.8	2.04	6.24	6.05	29.25	60
59				6.22	6.01	29.00	59
58			2.03	6.20	5.97	28.75	58
57		13.9	2.02	6.18	5.93	28.50	57
56	8.1			6.16	5.89	28.25	56
55			2.01	6.14	5.85	28.00	55
54		14.0	2.00	6.12	5.81	27.75	54
53			1.99	6.10	5.77	27.50	53
52			1.98	6.08	5.73	27.25	52
51		14.1	1.97	6.06	5.69	27.00	51
50			1.96	6.04	5.65	26.75	50
49	8.2		1.95	6.01	5.61	26.50	49
48		14.2	1.94	5.98	5.57	26.25	48
47			1.93	5.95	5.53	26.00	47
46			1.92	5.92	5.49	25.75	46
45		14.3	1.91	5.89	5.45	25.50	45
44			1.90	5.86	5.41	25.25	44
43		14.4	1.89	5.83	5.37	25.00	43
42	8.3		1.88	5.80	5.33	24.75	42
41		14.5	1.87	5.77	5.29	24.50	41
40			1.86	5.74	5.25	24.25	40
39		14.6	1.85	5.71	5.21	24.00	39
38			1.84	5.68	5.17	23.75	38
37		14.7	1.83	5.65	5.13	23.50	37
36			1.82	5.62	5.09	23.25	36
35	8.4	14.8	1.81	5.59	5.05	23.00	35
34			1.80	5.56	5.01	22.75	34
33		14.9	1.79	5.53	4.97	22.50	33
32			1.78	5.50	4.93	22.25	32
31		15.0	1.77	5.47	4.89	22.00	31
30			1.76	5.44	4.85	21.70	30

SCORING CHART FOR GIRLS 13 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
29	8.5	15.1	1.75	5.41	4.80	21.40	29
28			1.74	5.38	4.75	21.10	28
27		15.2	1.73	5.35	4.70	20.80	27
26			1.72	5.32	4.65	20.50	26
25		15.3	1.71	5.29	4.60	20.20	25
24			1.70	5.26	4.55	19.90	24
23	8.6	15.4	1.69	5.23	4.50	19.60	23
22			1.68	5.20	4.45	19.30	22
21		15.5	1.67	5.17	4.40	19.00	21
20			1.66	5.14	4.35	18.70	20
19		15.6	1.65	5.11	4.30	18.40	19
18	8.7		1.64	5.08	4.25	18.10	18
17		15.7	1.63	5.05	4.20	17.80	17
16			1.62	5.02	4.15	17.50	16
15		15.8	1.61	4.99	4.10	17.20	15
14	8.8		1.60	4.96	4.05	16.90	14
13		15.9	1.59	4.93	4.00	16.60	13
12			1.58	4.90	3.95	16.30	12
11		16.0	1.57	4.87	3.90	16.00	11
10	8.9		1.56	4.84	3.85	15.60	10
9		16.1	1.55	4.80	3.80	15.20	9
8			1.54	4.76	3.75	14.80	8
7		16.2	1.53	4.72	3.70	14.40	7
6	9.0		1.52	4.68	3.65	14.00	6
5		16.3	1.51	4.64	3.60	13.60	5
4		16.4	1.50	4.60	3.55	13.20	4
3	9.1	16.5	1.49	4.56	3.50	12.80	3
2		16.6	1.48	4.52	3.45	12.40	2
1	9.2	16.7	1.47	4.48	3.40	12.00	1

SCORING CHART FOR GIRLS 14 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
100	7.4	12.4	2.30	7.00	8.25	42.00	100
99				6.99	8.22	41.80	99
98				6.98	8.19	41.60	98
97			2.29	6.97	8.16	41.40	97
96		12.5		6.96	8.13	41.20	96
95				6.95	8.10	41.00	95
94			2.28	6.94	8.07	40.80	94
93				6.93	8.04	40.60	93
92		12.6		6.92	8.01	40.40	92
91			2.27	6.91	7.98	40.20	91
90	7.5			6.90	7.95	40.00	90
89			2.26	6.89	7.92	39.80	89
88		12.7		6.87	7.89	39.60	88
87			2.25	6.86	7.86	39.40	87
86				6.84	7.83	39.20	86
85			2.24	6.83	7.80	39.00	85
84		12.8		6.81	7.77	38.80	84
83			2.23	6.80	7.74	38.60	83
82				6.78	7.71	38.40	82
81			2.22	6.77	7.68	38.20	81
80	7.6	12.9		6.75	7.64	38.00	80
79			2.21	6.74	7.60	37.75	79
78				6.72	7.56	37.50	78
77		13.0	2.20	6.71	7.52	37.25	77
76				6.69	7.48	37.00	76
75			2.19	6.68	7.44	36.75	75
74		13.1		6.66	7.40	36.50	74
73			2.18	6.65	7.36	36.25	73
72	7.7			6.63	7.32	36.00	72
71		13.2	2.17	6.62	7.28	35.75	71
70			2.16	6.60	7.24	35.50	70
69			2.15	6.58	7.20	35.25	69
68		13.3		6.56	7.16	35.00	68
67			2.14	6.54	7.12	34.75	67
66			2.13	6.52	7.08	34.50	66
65		13.4		6.50	7.04	34.25	65
64	7.8		2.12	6.48	7.00	34.00	64
63			2.11	6.46	6.96	33.75	63

SCORING CHART FOR GIRLS 14 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
62		13.5		6.44	6.92	33.50	62
61			2.10	6.42	6.88	33.25	61
60			2.09	6.40	6.84	33.00	60
59		13.6		6.38	6.80	32.75	59
58			2.08	6.36	6.76	32.50	58
57			2.07	6.34	6.72	32.25	57
56	7.9	13.7		6.32	6.68	32.00	56
55			2.06	6.30	6.64	31.75	55
54			2.05	6.28	6.60	31.50	54
53		13.8	2.04	6.26	6.56	31.25	53
52			2.03	6.24	6.52	31.00	52
51			2.02	6.22	6.48	30.75	51
50		13.9	2.01	6.20	6.44	30.50	50
49	8.0		2.00	6.17	6.40	30.25	49
48			1.99	6.14	6.35	30.00	48
47		14.0	1.98	6.11	6.30	29.75	47
46			1.97	6.08	6.25	29.50	46
45			1.96	6.05	6.20	29.25	45
44		14.1	1.95	6.02	6.15	29.00	44
43			1.94	5.99	6.10	28.75	43
42	8.1		1.93	5.96	6.05	28.50	42
41		14.2	1.92	5.93	6.00	28.25	41
40			1.91	5.90	5.95	28.00	40
39		14.3	1.90	5.87	5.90	27.70	39
38			1.89	5.84	5.85	27.40	38
37		14.4	1.88	5.81	5.80	27.10	37
36			1.87	5.78	5.75	26.80	36
35	8.2	14.5	1.86	5.75	5.70	26.50	35
34			1.85	5.72	5.65	26.20	34
33		14.6	1.84	5.69	5.60	25.90	33
32			1.83	5.66	5.55	25.60	32
31		14.7	1.82	5.63	5.50	25.30	31
30			1.81	5.60	5.45	25.00	30
29	8.3	14.8	1.80	5.57	5.40	24.70	29
28			1.79	5.54	5.35	24.40	28
27		14.9	1.78	5.51	5.30	24.10	27
26			1.77	5.48	5.25	23.80	26
25		15.0	1.76	5.45	5.20	23.50	25
24			1.75	5.42	5.15	23.20	24
23	8.4	15.1	1.74	5.39	5.10	22.90	23

SCORING CHART FOR GIRLS 14 YEARS

Marks	50 M run	50 M Hopping	Standing Long jump	3 hopes	Shot Double head Backward throw	Cricket ball Throw	Marks
22			1.73	5.36	5.05	22.60	22
21		15.2	1.72	5.33	5.00	22.30	21
20			1.71	5.30	4.94	22.00	20
19		15.3	1.70	5.27	4.88	21.70	19
18	8.5		1.69	5.24	4.82	21.40	18
17		15.4	1.68	5.21	4.76	21.10	17
16			1.67	5.18	4.70	20.80	16
15		15.5	1.66	5.15	4.64	20.50	15
14	8.6		1.65	5.12	4.58	20.20	14
13		15.6	1.64	5.09	4.52	19.80	13
12			1.63	5.06	4.46	19.40	12
11		15.7	1.62	5.03	4.40	19.00	11
10	8.7		1.61	5.00	4.34	18.60	10
9		15.8	1.60	4.96	4.28	18.20	9
8			1.59	4.92	4.22	17.80	8
7		15.9	1.58	4.88	4.16	17.40	7
6	8.8		1.57	4.84	4.10	17.00	6
5		16.0	1.56	4.80	4.04	16.60	5
4			1.55	4.76	3.98	16.20	4
3	8.9	16.1	1.54	4.72	3.92	15.80	3
2			1.53	4.68	3.86	15.40	2
1	9.0	16.2	1.52	4.64	3.80	15.00	1