

APPENDIX- III (REVISED)

ATHLETICS EVENTS

The competitions shall be held in the following events

Senior Boys	Junior Boys	Sub Junior Boys	Senior Girls	Junior Girls	Sub Junior Girls
100m	100m	100m	100m	100m	100m
200m	200m	200m	200m	200m	200m
400m	400m	400m	400m	400m	400m
800m	800m	600m	800m	800m	600m
1500m	1500m	80MH (76cm)	1500m	1500m	80MH (76cm)
5000m	3000m	Long jump	3000m	3000m	Long jump
110MH (99cm)	100MH (91.4cm)	High jump	5000m	100MH (76.2cm)	High jump
400MH (91cm)	Long jump	Shot put (4kg)	110MH (86cm)	Long jump	Shot put (4kg)
Long jump	High jump	Discus throw 1(kg)	400MH (76cm)	High jump	Discus throw 1(kg)
High jump	Triple jump	4x100M relay	Long jump	Triple jump	4x100m relay
Triple jump	Pole vault		High jump	Pole vault	
Pole vault	Shot put (5kg)		Triple jump	Shot put (4kg)	
Shot put (6kg)	Discus throw 1.5(kg)		Pole vault	Discus throw 1(kg)	
Discus throw (1.75kg)	Javelin throw (700gms)		Shot put (4kg)	Javelin throw (600gms)	
Javelin throw (800gms)	Hammer throw (5 kg)		Discus throw 1(kg)	Hammer throw (4kg)	
Hammer throw (6kg)	5km Walk		Javelin throw (600gms)	3km Walk	
5km Walk	4x100M relay		Hammer throw (4kg)	4x100m relay	
4x100M relay			5km Walk		
4x400M relay			4x100M relay		
			4x400M relay		

N B.: Cross country Boys (5Km) and Girls (3km)